

THE CASE «« OF THE »» MISSING STICKERS

Scroll down on this PDF to the next
page to begin!

In celebration of our 25th Come & Explore issue, we are pleased to welcome you to participate in:

THE CASE «OF THE» MISSING STICKERS

Using this document and the current Sept/Oct 2026 edition of Reformed Perspective, you will be able to determine Mrs. Ganderpol's whereabouts, find the stickers AND (this is the fun part), request a sticker sheet to be mailed to your address FOR REAL LIFE.

Take a minute to familiarize yourself with the issues that are in this PDF before you begin. Then work through the first clue in the magazine with the aid of the instructions on the next page of this PDF. It outlines how the game works.

Hints are available at the end of this PDF if you're stuck. But be sure it give it a good effort before you go to the hints! If you can't figure it out, maybe ask a sibling or a parent first. The clues have been tested on kids aged 6-35.

TURN TO THE FIRST CLUE IN THE SEPT/OCT MAGAZINE TO BEGIN AND READ THE NEXT PDF PAGE.



Mrs. Ganderpol in the act

TOOLS:
RECOMMENDED
☐ PAPER
☐ PENCIL
☐ PARENT/SIBLING

limited # of
STICKER SHEETS
available

HOW THE GAME WORKS:

1. READ CLUE ONE

The clue is outlined in the Sept/Oct magazine and titled "Clue 1". It is important that you read each clue carefully. Read it twice if it doesn't make sense.

2. SEARCH THE ISSUE

Keep in mind that the answer to the clue can be found on any of the 4 pages of the related issue. It might be obvious or it may take some work. Sometimes you will have to think outside the box.

3. DISCOVER THE ANSWER

The answer to each clue varies, and can either be a word or page number. These will tell you which issue to find next.

4. FIND THE PASSCODE

! A PASSCODE is required at the end of the game. The PASSCODE is made up of the BOLD, BIG letter or symbol found on each issue. There is one per issue, but not all issues are used in the game.

5. WRITE DOWN THE PASSCODE

In the SEPT/OCT magazine, beside each clue is a space to enter the PASSCODE letter or symbol you find on the issue. Write it in this space. You will need it at the end of the game.



6. USING THE ANSWER, FLIP TO THE ISSUE

Once you have determined the answer and written down the PASSCODE, flip in this PDF to the related issue and read the next clue in the magazine. The clues are in order (1, 2, 3...) but the issues are not. You may need to flip through the PDF to find the next related issue.

Come and EXPLORE

THE ARMOR OF GOD



FREE DOWNLOAD

Head to
reformedperspective.ca/kids
to download and print this 8x10
Armor of God graphic!

(Download permissions for personal use only.)

let's read

EPHESIANS 6: 10 - 18a

Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil.

For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, and, as shoes for your feet, having put on the readiness given by the gospel of peace. In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit, with all prayer and supplication.



IT'S COLD OUTSIDE! DON'T FORGET YOUR... ARMOR?

As the weather grows colder, the need for thicker clothing and a good coat becomes very evident. And that's why, as the kids get ready for school, mothers will most likely call out, "It's cold out! Don't forget your coat!" But what do we put on when it's not the cold that we're up against? Paul speaks to the Ephesians, and also to us, that our struggle is not against flesh and blood, but against spiritual forces. What good is a thick, waterproof coat?! Truth is, none.

It's a good thing God has not left us defenseless! Let's learn ways we can put on the Armor of God!



THE BELT OF TRUTH

Study God's word so that you may be able to recognise God's truth verses the lies of the evil one and be able to discern whether or not something is God's will, or whether you should just say "No".



BREASTPLATE OF RIGHTEOUSNESS

Confess that your righteousness has been obtained through Christ and live your life doing deeds of thankfulness, choosing to do what is right, speaking the truth and working with integrity for the Lord and not for the praise of men.



THE SWORD OF THE SPIRIT

Share the good news of the gospel to yourself and to those around you, with confidence that it is the Lord who puts faith into the hearts of men and that you can be used as His instrument.



THE SHIELD OF FAITH

Ask in prayer, with humility, that the Holy Spirit would strengthen your faith in Jesus and make sure to you the promises and hope of the future, rejoicing that God has already triumphed over Satan, rendering his arrows powerless.



THE HELMET OF SALVATION

Remind yourself of the gospel work of Christ in your life, confessing your sins and asking for forgiveness, knowing that there is "No condemnation for those who are in Christ Jesus!" (Romans 8:1)



THE SHOES OF PEACE

Memorize passages of scripture that confirm your confidence in Christ against the pressures of doubt and difficult questions that you might come across. Dig your feet into your firm foundation and stand firm!



This may seem like a lot of things to do before breakfast each morning, but starting your day with a simple prayer and reading God's Word is the best way to arm yourself before walking out into the battlefield. When your mom calls after you to put on your coat, starting your day putting on your armor will give you great confidence that not only the cold, but even the schemes of the Devil will not be able to overcome you. So you can call back to your mom and say, "Thanks, mom, and don't worry, I've remembered my Armor already!" Then head out into your day, having everything you need in order to stand firm... and warm.

BIBLE VERSES

to strengthen your armor:

Acts 4:12 "And there is salvation in no one else; for there is no other name under heaven that has been given among men by which we must be saved."

2 Corinthians 5:21 "He made Him who knew no sin to be sin on our behalf, so that we might become the righteousness of God in Him."

Hebrews 11:1 "Now faith is the assurance of things hoped for, the conviction of things not seen."

Hebrews 4:12 "For the word of God is quick and powerful and sharper than any two edged sword, piercing to the division of soul and of spirit, of joints and marrow, and discerning the thoughts and intentions of the heart."

Speaking of armor,

DID YOU KNOW?

1. During the Zhou Dynasty (1045-256 BC) rhinoceros hide was used for armor.
2. To some of the animals, God gave their own suit of armor for protection! The rhino, armadillo, porcupine, and pangolins are a few of them.
3. An entire suit of armor usually weighed between 45 and 55 pounds, not including the helmet which weighed between 4 and 8 pounds.
4. King David refused armor in order to fight Goliath. He used a stone and a sling to go alongside his faith in God!

Let's do a wordsearch!

M	E	M	O	R	I	Z	A	T	I	O	N	B	R
A	T	B	R	E	L	D	L	E	I	H	S	R	E
L	E	M	L	B	M	L	S	S	O	S	S	E	H
M	R	B	F	U	A	S	W	P	E	M	E	A	E
T	S	E	I	R	B	I	O	E	N	D	N	S	L
S	L	A	Y	B	R	S	R	R	S	E	S	T	M
A	S	T	C	A	L	H	D	P	B	C	U	P	E
L	I	D	I	E	R	E	E	E	F	A	O	L	T
V	P	L	H	R	I	P	I	H	A	E	E	A	O
A	T	E	T	O	I	Y	P	H	I	P	T	T	L
T	I	E	U	H	I	P	H	R	T	A	H	E	O
I	I	E	R	S	S	A	S	H	H	T	G	S	S
O	S	S	T	U	S	T	L	E	B	B	I	E	E
N	N	U	H	O	V	S	H	O	E	S	R	O	E

FAITH SPIRIT PRAYER BREASTPLATE
SHOES SHIELD MEMORIZATION SWORD
SALVATION HELMET TRUTH PEACE
RIGHTEOUSNESS BIBLE BELT

This is just ridiculous.



Make and Decorate YOUR OWN SWORD!

SUPPLIES NEEDED:

An adult, printer, this magazine, scissors, cardboard, glue, aluminum foil (optional), decorative stickers (optional), packing tape (optional)

Step 1: Head on over to reformedperspective.ca/kids to print out this page. (Print two copies if you want the sword image to be on both sides of your sword!) OR if your mom lets you, just use this page from the magazine!

Step 2: Use scissors under the supervision of an adult (or have your dad do it for you) to cut out the shape of the sword according to the dotted lines.

Step 3: Using the cut out, trace the shape of the sword onto cardboard, and have an adult cut out the sword shape from the cardboard.

Step 4: Use your glue to stick the sword image onto the cardboard and wait for it to dry.

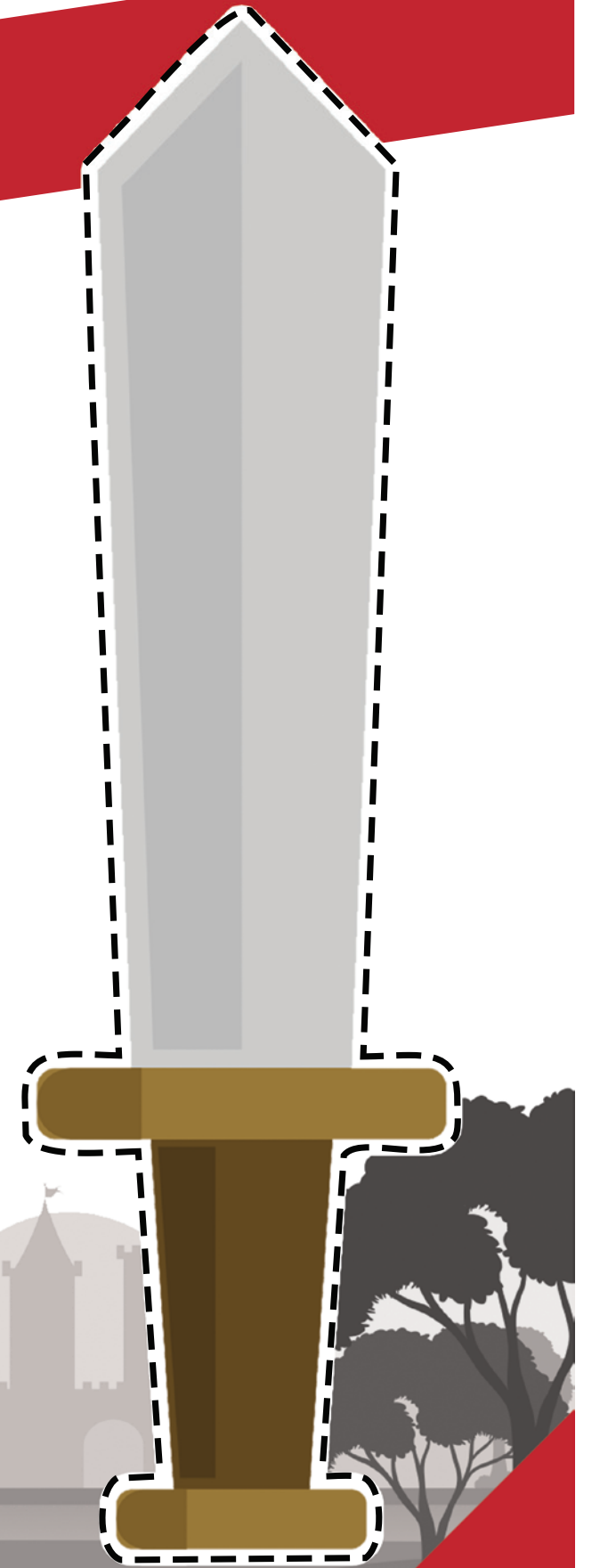
Step 5: Once the glue is dry, decorate your sword! Add jewels or designs to the handle, aluminum foil makes a great shiny surface for the blade! Get creative! You can even add a layer of packing tape to secure everything.

Step 6: Go have fun!



DID YOU ENJOY THE CRAFT?
Send in a picture to
editor@reformedperspective.ca and have your
photo printed in the next issue!

These pages were designed and illustrated by Stephanie Vanderpol.



THE camel

Ever wish you could close your nostrils to keep sand, dust, debris out and to keep moisture in? Well, look no further than the incredible design of the camel, who is able to close them at will!

A group of camels is called a:

- ☐ A herd
☐ B flock
☐ C caravan
☐ D convoy



ADULT CAMELS CAN GROW TO BE
7 FEET TALL!
NEWBORNS ARE
3 FEET TALL!

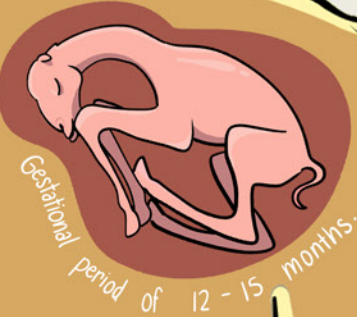


Camels can drink up to 40 gallons of water in as little as 3 to 5 minutes after enduring long periods without water. That's a 5 gallon water jug, times 5!



Camels have **THREE** eyelids! Two, like us, plus one that acts as a windshield wiper, enabling them to wipe away sand & debris! It's SEE-THROUGH!

Camels can store up to 600 lbs upon their back...
...and up to 100 POUNDS in their hump!



Gestational period of 12 - 15 months.



Surprise! Contrary to popular belief, a camel's hump contains **FAT**, not water! When food is hard to find, the camel's body uses the fat as **FUEL**, allowing him to keep on trucking.



These padded hooves give camels the ability to walk over hot, uneven, soft sand without sinking! When a camel bears down, the foot pads expand and the nails provide grip!

Their spindly, long legs keep their bodies high off the hot sand - another way to stay COOL!

temPeratures

in desert climates can often climb higher than 40 degrees during the day and down to -20 degrees at night!



Sweat-washed water, so God gave them the ability to control their body temperature; they can choose when they sweat!



Harsh vegetation doesn't stand a chance against these sharp teeth! Beware, rival males - they use them in fights!

(GETTING SPAT ON DOESN'T SOUND SO BAD)
(although, their spit is pretty much vomit, so...)

menu

ENTREE:

- Cactus
- Leafy grass
- Shrubs
- Thorny plants

DESSERT:

Regurgitated food



do you like BOOKS?

What about a book....
that isn't a book?!

Allow me to explain...

That was a lot of fancy language. Here's what it means:

WE CAN LEARN ABOUT GOD IN TWO BIG WAYS

1. THROUGH HIS CREATION

By looking at the world He made we can learn that God is powerful, wise, creative and loving. Creation is like a huge picture book that shows us what God is like and what He can do! If only we take time to slow down and read its pages!

2. THROUGH THE BIBLE

By giving us the Bible to read, God teaches us things we couldn't know just by looking around. He teaches us who He is, what He has done for us and how we can love and follow Him. If only we'd take time to sit down and read its pages!

Belgic Confession - Article Two -

"We know Him (God) by two means: first, by the creation, preservation, and government of the universe; which is before our eyes as a most elegant book, wherein all creatures, great and small, are as so many characters leading us to see clearly the invisible things of God, even his everlasting power and divinity, as the apostle Paul says (Romans 1:20). All which things are sufficient to convince men and leave them without excuse. Second, He makes Himself more clearly and fully known to us by His holy and divine Word, that is to say, as far as is necessary for us to know in this life, to His glory and our salvation."

Do you remember the first time you saw an animal you had never seen before? Didn't it make you just stop and stare and wonder all at the same time? What is this animal, where does it live, what does it do, why does it have stripes, or spots.... One cannot help but be in awe and wonder at the marvelous works of God when we open our eyes and allow ourselves to read these beautiful pages He puts before our eyes - because that's what He created them for!

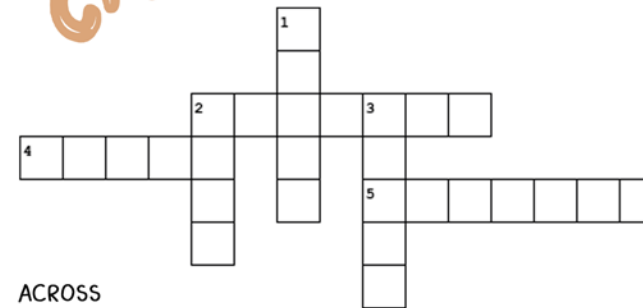
So here's a gentle reminder to take time to learn, marvel and be in awe of God's creation. Spend time flipping through the "pages" of creation by getting outside, slowing down, putting away distractions and look with the eyes of faith. If He cares about camels to give them all they need, how much more must He care for you who gives you so much more!

Come & Explore is written and illustrated by Stephanie Vanderpol, who, at the time of writing this has a foot of snow out her window and is really loving the idea of 10 degree weather! But not actually, a good 26 degrees would be optimal.

How MANY ARE YOUR WORKS, LORD!
IN WISDOM YOU MADE THEM ALL:
THE EARTH IS FULL OF YOUR CREATURES.

Psalms 104:24

crossword



ACROSS

- King Arthur's home
- This queen of _____ brought loads of goods to Solomon on camels
- First owner of a camel mentioned in the Bible

DOWN

- Dromedary has one, Bactrian have two
- What a baby camel is called
- Cousin to the camel

unscramble

FEISONSNCO
NTAGLE
NTOEARCI
VBLEIIS
NEIDIV
VTAINOLAS

search

Humpbert the Camel has lost half of his owner's luggage! Can you flip through the magazine and find all the pieces?



maze

START

END

riddle

I sail across the arid land,
With a great cargo load,
Across the dry waves of sand,
My nickname - can you decode?

_____ of the _____

come and
EXPLORE

APHIDS + ANTS = BFFS
Aphids secrete a sweet, milky substance which the ants LOVE to snack on. In return for their kindness, ants protect their milk making friends from their predators.

ANTS CAN CARRY UP TO 50 TIMES THEIR OWN WEIGHT!
SO IF YOU WEIGH 70LBS, YOU COULD CARRY A GIRAFFE!

PROVERBS 6 : 6 - 8

"Go to the ant, you sluggard;
consider its ways and be wise!
It has no commander, no overseer or ruler,
yet it stores its provisions in summer and
gathers its food at harvest."

DEBRIEF AREA

How do ants communicate if they can't speak?

Ants use "pheromones" which are chemicals and can sense what other ants are communicating with their antennae. Sort of like if we communicated using our sense of smell!

Ants move at a rate of 9 body lengths per second. In human terms, it would equal up to 30 miles per hour! The fastest man in the world, Usain Bolt, clocks in at 27.5 miles per hour.

Find the lazy ant and repeat the text to him so he will get back to work!

LIFE CYCLE

1. Egg - fertilized eggs become females, while unfertilized become male ants.
2. Larvae - this stage lasts about two weeks and constantly needs to be nourished with food by worker ants that tend to the nursery.
3. Pupae - having spent its life, so far, focused on eating, the baby ant now takes time to rest and grow. And grow. And grooooooow.
4. Adult - the final stage. As an adult, an ant finds its groove discovering where it fits the best, either as a worker in the nest, a nursery attendant or as a food gatherer.

LARVAE AND PUPAE NURSERY



FOOD STORAGE room 1 of 10

Ants are OMNIVORES!
Their shopping list would look something like this:

- ✓ Fruits
- ✓ Insects
- ✓ Small Living or Dead Invertebrates
- Meat
- Aphid Milk
- Plant Sap
- Sugar
- Leftover Cheerios
- Spilled Juice
- Dead Relatives
- Discarded Gum

Hey, don't mind me. Just taking one of my 250 one-minute power naps. I'll be back to work in a jiffy.

All the worker ants in a colony are sterile females. Their job is to dig, dig, dig and expand housing for the growing colony members.

THE QUEEN'S ROOM by appointment only

Despite her impressive title, the queen doesn't do very many things that you would expect (like ordering ants around and collecting taxes).
The Queen ant is for one purpose: to build the number of ants in her colony.

She lays eggs. And LOTS of them. Some species can lay up to 800 eggs per day!

WAIT. WHAT?!



You're under arrest. Not for any particular reason, we just need more workers. You start Monday.

DUNGEON



Once a nest is big enough (up to the Queen's discretion), the Queen will breed male ants with the specific purpose for them to leave the nest ASAP (using their nifty wings) to find a mate and start a new colony. Once the male ant has mated with a princess, she becomes the queen of a new colony, and the male ant dies.



Let's dig deeper!

Take time today to go outside and find some ants. Take a magnifying glass, if you have one, and do as God has instructed in the text, "CONSIDER its ways..." Write down what you observe.

Using the facts from the illustration on the previous page, as well as your new observations, take some time to IMAGINE what you could do if you were an ant. Share your thoughts below!

Any parent would be pretty happy if their kids could activate the same "power" that ants have. Just think about how their busy bodies keep going, minute after minute, doing exactly the thing that God created them to do! Ponder their strength, their teamwork, their communication! Aren't ants incredible? Wouldn't you love to be an ant, just for one day, just to experience how they live?

Ants are amazing, incredible, tiny creatures. They have many qualities that we as humans can learn from and adopt into our own lives. Go back to your lists above. How can you adopt some of the things that you have learned from ants? Think for a while about this. Discuss your findings with a friend or your parents.

Everybody benefits from relaxation. But when relaxation takes the place of obeying your parents, doing your chores, helping others or going to work, we turn our relaxation into an idol. Being a sluggard is not what God created us for. Our purpose on earth is to honor God in what we do and to do our work with joy. So whether that is at our jobs, at school, doing our chores, playing nicely with a sibling or folding laundry, we bring glory to God! As it says in Colossians 3:23, "Whatever you do, work at it with all your heart, as working for the Lord, not for human masters" and in Philippians 2:14-15a, "Do everything without complaining or arguing, so that you may become blameless and pure, children of God."

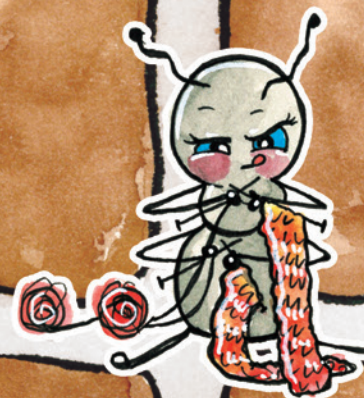
So when you consider the choices you will make today, will you take initiative like an ant, doing the things you need to get done for God's glory? Or will you choose to be a sluggard, sluffing off the work that needs to get done in pursuit of selfish, idle things?

Look around the room you are in right now. Is there anything that needs to be done? Activate your ant-initiative and get to work!



Stephanie Vanderpol is a Christian self-taught artist who lives with her rambunctious family in Smithers, B.C. Along with her husband and four children, she loves to explore God's creation from the teeny tiny ants to the great blue whales! Her love for art started when she was really young, and through years of practice, well, she's made progress! She is so excited to be able to use her talents for RP!

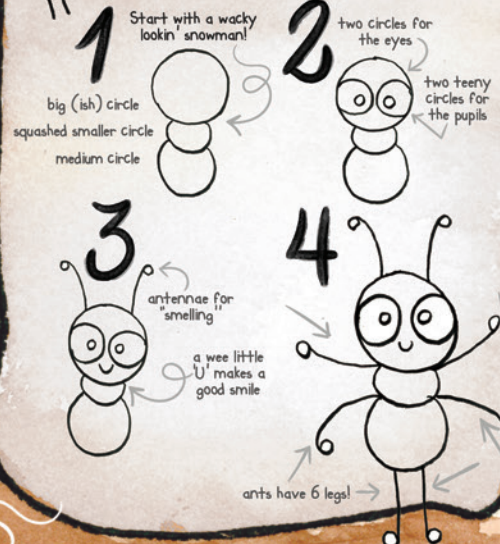
She cannot juggle. But she can draw an ant who can!



Ask your mom to play you this song on youtube or spotify!

Go to the Ant! Oh sluggard
See how she works all day!
And she doesn't even have a captain to tell her what to do,
but she works hard anyway!
Go to the Ant, and listen
Tell me, does she complain?
God made her, now you imitate her - Go to the Ant!

How to draw an ant:



Check out the video tutorial at www.reformedperspective.ca/kids

HELP! It's my first time out of the nest and I'm lost. Can you get me back to my home?



TAKE INITIATIVE

Boredom hits everybody, even adults. The next time you find yourself terribly bored, take initiative and do something off of this list!

- learn how to knit ☐
- play with your sibling ☐
- make a card for someone sick ☐
- draw some ants ☐
- read a good book ☐
- read the rest of RP ☐
- help your mom with laundry ☐
- draw a picture for your Oma ☐
- do your homework ☐
- go outside and find ants ☐
- read your Bible ☐
- mow the neighbor's lawn ☐
- write a story ☐

come and
EXPLORE!

Folly in Duran's Cove

"Yer not thinkin' of taking yer new boat
out right now, are ya Charlie?"

"It about looks like I am, don't it?"

"Weather man says there'll be a big 'un tonight.
Storm for the ages, said he! Yer boat'll still be here
in the morn, better take 'er out then, eh?"

"AH quit your belly achin'. Just a minute or two
ain't going to hurt. Just a wee run, eh?
Don't get all worked up, Jack."

Charlie hopped into his new fishing boat and turned the key. The engine purred. "See Jack? Look at 'er, listen to her purr – this beaut be the strongest boat there be and storm or not, she'll be steady. Let's not forget who won the sea derby three years in a row now, eh!"

Charlie took off, his boat disappearing into the distance. Jack stood on the dock, straining to see the clouds in the distance turn an ominous gray. *Sure is a fine boat*, Jack said to himself, *and Charlie be the best in the village, that's fer sure.*

The sea was calm, a few waves lapping the side of the new Fishing Boat 3000, the fastest boat on the market. One minute turned into two. Two into five, five into ten and before he knew it, the small waves steadily grew in ferocity, the clouds growing darker and ever closer, and small drops of rain began to fall on Charlie.

"She'll hold me steady", Charlie repeated boldly, "she's a good boat, let's see how she handles 'em big waves." Charlie pushed the boat towards the storm, the waves now capped in white. "Just a minute 'er two – yeahawwww – she's a good 'un!" The waves pushed the boat this way and that and while one moment Charlie was enjoying his ocean rodeo, the next moment a furious wave jostled the side of the boat, causing Charlie to lose his footing. His head knocked the roof, slammed into the steering column, then, everything went black.

Jack stood on the shore, watching as the clouds rolled in closer to Duran's Cove. His stomach churned like the sea. Something was wrong, and he knew it. "I shoulda nailed 'em boots to the dock, I tell ya," he murmured to his wife, "I told him ner to go out there but nah! Never checked 'er over even, just vrthhhmmmm out 'e went! Foolish man!"

Everything was dark and hazy as Charlie's consciousness began to stir. The boat, being rocked to and fro, was handling the abuse from the ocean waves well enough, but Charlie, pairing a splitting headache and oncoming panic, started to fret. The engine had shut off, the emergency lights never turned on and he was wet. Sopping wet. He gathered his strength to stand and try the engine again. He held tight to the steering column and fumbled with the key. "C'mon, c'mon, c'mon, don't let me down!"

The engine sputtered then went quiet. The winds blew past his head from every direction, the waves continued to pummel the boat, and his head throbbed. Impulsively he reached for the glove box where the signaling flares would be. In his haste to try out the boat, however, he had neglected to stock the boat with any of the typical emergency items.

Another wave jostled the boat. Charlie sat down underneath the steering column to gather his wits.

What to do, what to do. I'm the finest sailor, and she be the finest boat. This storm is just a wee 'un eh. He squinted his eyes to try pick any thing out of the darkness. He made out a paddle tucked into the side near him. *It's a long shot*, he said to himself, rather proud, *but I'm a strong man even so.* He grabbed the paddle, steadied himself against the rocking boat and began to work hard against the waves. He knew it was useless the moment he put the paddle in the water. He had no sense of direction, no lights, the boat bobbed up and down, the paddle hardly being able to touch the water. Another wave hit. The paddle lept from his grip and sank beneath the waves. Charlie's knees went weak and he sat against the side of the boat. *Well, this ain't good*, he muttered, *but she be steady.* His thoughts were not confident. They were frightened.

Jack grew increasingly worried for his best friend. An hour had passed with no sign of Charlie's boat and no indication that the storm was going to let up anytime soon. The storm had hit the cove now and everything was being beat by the torrential rain. Jack donned his jacket and stood outside trying to see anything of Charlie, but couldn't. He was about to head inside when he saw it. The old lighthouse.

An old lighthouse stood on the bank of Duran's Cove, atop some ragged cliffs and staggered rocks down below. The locals knew how to steer through the rocks, a sort of rite of passage, passed from father to son, and with the new technology and common mild weather, the village closed up the lighthouse some years prior. Jack wasn't a very active man, thanks to his wife's splendid cooking, but he pushed his stout little legs up the hill to the lighthouse as fast as they were willing to carry him. 200 wooden steps awaited him as he slammed the door open. 200 steps and his legs already felt like jello. *Gotta save Charlie, he said to himself, persuading his legs to go on, one step at a time, one step at a time.... If my wife weren't the best cook in the village this'd be as easy as pie. Ah, pie. She makes the best pie. One step at a time...*

Charlie had lost all hope. He was alone in the dark, being beaten by the waves, and his thoughts. All of his attempts to rescue himself had failed. His head was buried in his hands. *I ain't nuthin' but a fool. I shoulda listened to Jack. He be the wisest man I know. My stupid pride got in the way again! When will I ever learn! Best sailor in the village, says I, well look at me now. Wet, useless. Best boat in the market, says I? Listen to 'er now! In his distress he called out, "Please, Lord! I have been so foolish. Why didn't I listen to Jack! Oh, my stupid and stubborn prideful heart! Forgive me! Rescue me from this terror!"* The waves continued to beat the boat.

Moments later, a soft glow began to flicker through the passing waves. Through his tears, he tried to focus on the light, trying to figure out what it was. It took him a while (let's not forget his pounding headache). The lighthouse! Charlie couldn't believe his eyes. His tears overwhelmed his face as he lifted his arms and exclaimed, "Praise the Lord! You have heard my cries!"

He struggled to his feet and gave the key a confident turn. *The Lord has heard my pleas.* The key turned, the engine sputtered and then roared. Charlie turned the boat towards the light, fighting with each wave to keep the boat in the right direction. It was a long, difficult journey back to shore. He was tossed to and fro, losing his footing every now and then. The waves hurled his boat upon the rocks, but he kept his eyes focused on the light. As he grew closer to the Cove, his boat took a solid hit against one of the ragged rocks and sprung a leak. Exhausted, Charlie jumped out and let the waves carry him to shore as the boat began to sink. Jack, having seen Charlie jump, waded in to get him. A few brave young men helped Jack get Charlie from the shore into the house. "I shoulda listened to ya, Jack. I'm a fool. Thanks fer the light." Thunder clapped as Charlie was set down to the fire, warm blankets piled high and a hot cup of soup sitting next to the couch. Jack smiled to himself as he looked out the window at the light that was beaming steadily through the storm.

“Wisdom is better than folly,
just as light is better than darkness.”

Ecclesiastes 2:13.

E

character check.

Every now and then it is wise to take stock of our hearts - read the descriptions below - are you a Jack or Charlie?

CHARLIE

- LIKES STRAWBERRY RHUBARB PIE
- WILL DO ANYTHING IF IT'S FUN
- IGNORES THE WEATHER
- ACTS IMPULSIVELY
- IGNORES REBUKES
- PRAYS AS A LAST RESORT
- IS USUALLY THE FRIEND IN NEED
- THINKS HIGHLY OF HIMSELF



discussion questions:

Charlie uses the excuse "just a minute or two won't hurt" to justify his decision to go out even with the oncoming storm. What are some examples of using this excuse in different areas of sin?

What different things did Charlie try to depend on before he humbled himself and asked God for help?

Jack was determined to get the lighthouse turned on to help his friend. Do you know a friend who is heading towards a storm of sin? How can you be a light towards that friend?

JACK

- LIKES APPLE PIE (WITH ICE CREAM)
- HAS FUN WITHIN REASON
- CONSIDERS THE WEATHER
- PLANS AHEAD
- REBUKES A FRIEND WHEN NECESSARY
- HAS A RELATIONSHIP WITH GOD
- HELPS A FRIEND IN NEED
- ASKS FOR HELP



Charlie is packing his supplies for his new (new) boat. Circle the 5 items from on this page every boat must carry.

BINGO!

Heading on a road trip this summer? Download a printable copy of this bingo and play it with your family

MORE ACTIVITIES TO BE FOUND AT:
REFORMEDPERSPECTIVE.CA/KIDS

WORD SEARCH

E O W E E U E V O C C H S V
N O I S A S W A V E S T F S
H H S I L O O F O E W I E S
E R E S I E I P D U R A N C
C H E S U O H T H G I L H H
N O I S S E F N O C H O F A
C I A N M N B H R P E I F R
S M A R I E O V E R I O S L
C B O S S O A H C R W E I I
I T S E D L T E E C R S I E
S O S T A E V T I N L H A L
O I I O R E P K L A H I T I
G W J A C K T O N S I O F S
W I T I E A R A H C N S O F

- PIE
- HOPE
- BOAT
- COVE
- CHARLIE
- SIN
- WISE
- DURAN
- CONFESSION
- JACK
- WAVES
- FOOLISH
- LIGHTHOUSE
- STORM
- CLIFF

BBQ	Pro-Life Sign	Moon	Flower	Sale 50%
Biker	Tractor	Subway	News Paper	DUCK
Phone	Apple	BINGO	Digger	Coffee
Bear	Pine Tree	Guitar	Crow	Paper Bag
Umbrella	Boat	church	Gas	Ice

submitted by Hannah P

come and
EXPLORE!

BORED.

There was snow outside the window,
It was minus 30 degrees.
There was nothing to do, nowhere to go.
We begged for TV - pleeeeeeaaase!?

But our mother said "No,
Boredom's good for your brains,
TV's not the way to go," -
Play with your trains!"

So we played with the trains
And the LEGO blocks galore.
Dolls, trucks, and toy cranes
Were scattered on the floor.

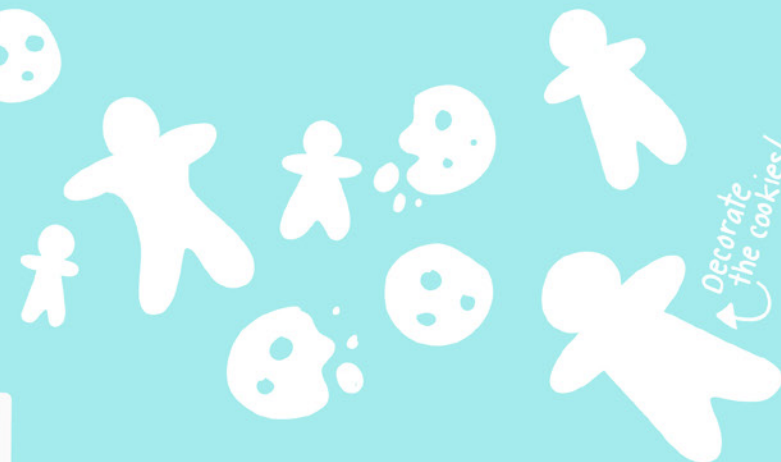


Then suddenly out of nowhere,
"What if," my sister said,
"We took the books from over there
And made a library instead!"

We set up a home library
With take-out cards to lend.
Don't take all that you can carry -
Ten is the limit, my friend!

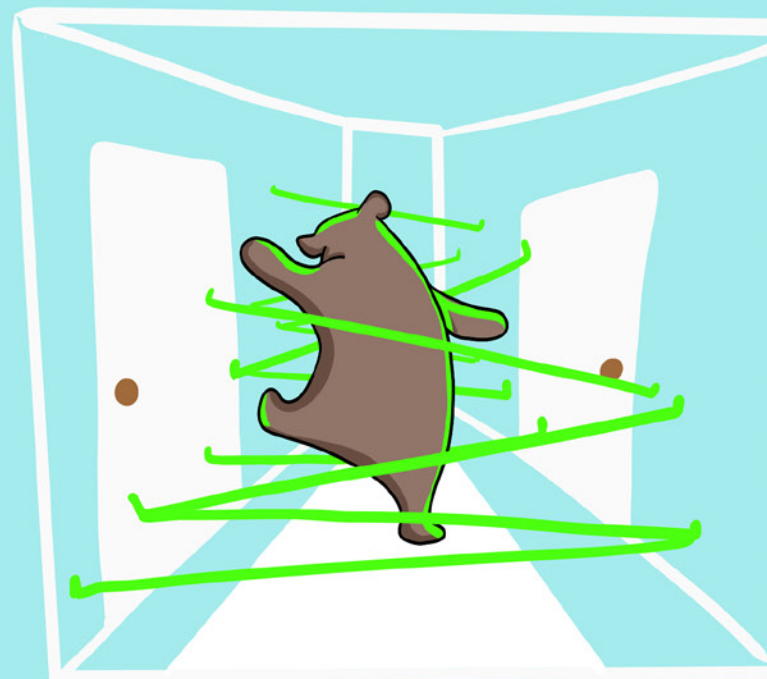
Then the ideas were flowing,
The creative train was running fast,
Our break now had no slowing,
And boy, we had a blast!

Baked cookies of all flavors,
We iced them nice and neat.
Gave some to the neighbors,
Except the ones we d eat.



Oh what can we do now?
The toys have lost their fun.
We're two days into break
And our playing is all done!

Is there still joy to find?
Can we find a boredom buster?
Perhaps from deep inside our minds
Creative ideas we can muster!



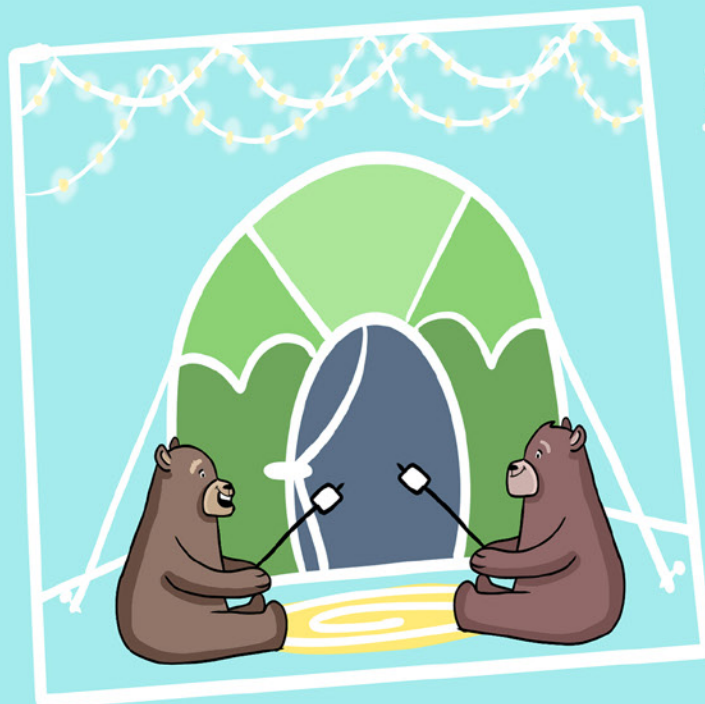
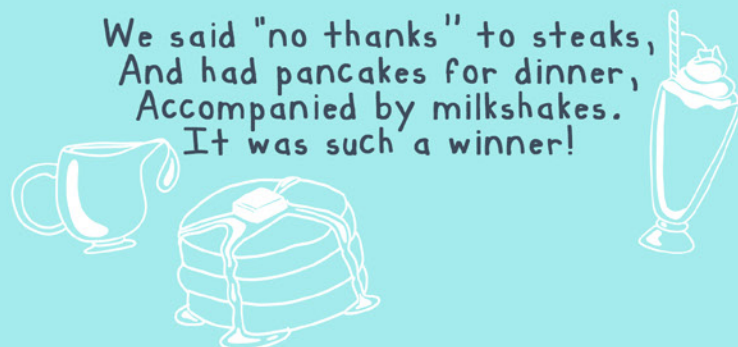
We played board games to excess.
Monopoly, Exit and Clue,
Wingspan, Survive, Mantis and Chess,
Kingdomino, to name a few.

We stuck strips of tape in the hall
From the left wall to the right.
Go over and under but don't let them fall
(I was the sneakiest, all right!).

Mom sighed and gave us her consent
To camp inside one night.
Christmas lights adorned the tent
And gave the indoors starlight.

We grabbed blankets of all sorts,
And all the mattresses too,
Then made the most EPIC fort...
The clean up, though, was ewww.

We said "no thanks" to steaks,
And had pancakes for dinner,
Accompanied by milkshakes.
It was such a winner!



We tried to make an igloo home
From all the books we could find.
Round and round we stacked our dome
Till it was perfectly aligned.

We spent a day in our PJs
And even dad joined in!
He read a story round the fireplace:
Lewis' Prince Caspian.

We hid some treasure in the home,
Four our siblings to find.
The entire house they did comb -
It was candy! Mom didn't mind.



HEY KIDS!

The bears went on a treasure hunt and you can too! We've hidden a number of treasure chests throughout the magazine, so see how many you can find, and note down where they are. Then your mom can use her phone to scan this fancy QR code to share what you've found and **ENTER TO WIN** a treasure that you (and your mom) will love... minus the cavities.



We played funky music loud
And danced some silly moves.
Have you ever seen a kiddish crowd
Do the dance of the kangaroos?



We pushed together the couches
Front to front, just like a bed -
Grabbed all the pillows in two houses
And made a pillow pit instead.

We played the "Floor is Lava" game
In every room we could.
The bathroom though, had no flame,
But that was understood.

Too fast, our break, it speeded
And boy was it the bomb!
Turns out that all we needed
Was a good dose of

BOREDOM.



Come and Explore is created and illustrated by Stephanie Vanderpol. This particular spread was inspired by my 4 children who will often get bored and ask for screens. I typically offer laundry or cleaning instead, but for some weird reason they will decide right then and there to turn on their creative imaginations and find something to do. I'm still waiting for the day they agree to the laundry idea.



MR. MOROSE GOES TO THE DOCTOR

Mr. Morose went to the doctor,
His check-up was overdue.
He brought all his pills
For his many ills
And waited for the doctor to come through.

A pill for this, a pill for that
He looked at all of them and sighed.
I'm glum, I'm weak
I've got spots on my feet...
Then the doctor came inside.

"Ah, Mr. Morose, yes, good day,"
He said, as he settled in the room,
"What things seem to
Be putting you
Into this state of gloom?!"

Well, Mr. Morose began to list
His ailments from feet to head;
"My feet have these spots,
I keep having sad thoughts."
"I see, I see," the doctor said.

"I've got this for that and that for this,"
Mr. Morose continued on,
"Vitamins, every letter!
But I feel no better,
I need a new body from Amazon."

The doctor checked him up and down,
All good - Ears, throat, eyes and chest,
Blood pressure - great
Blood work - first rate
He had one last thing to test.

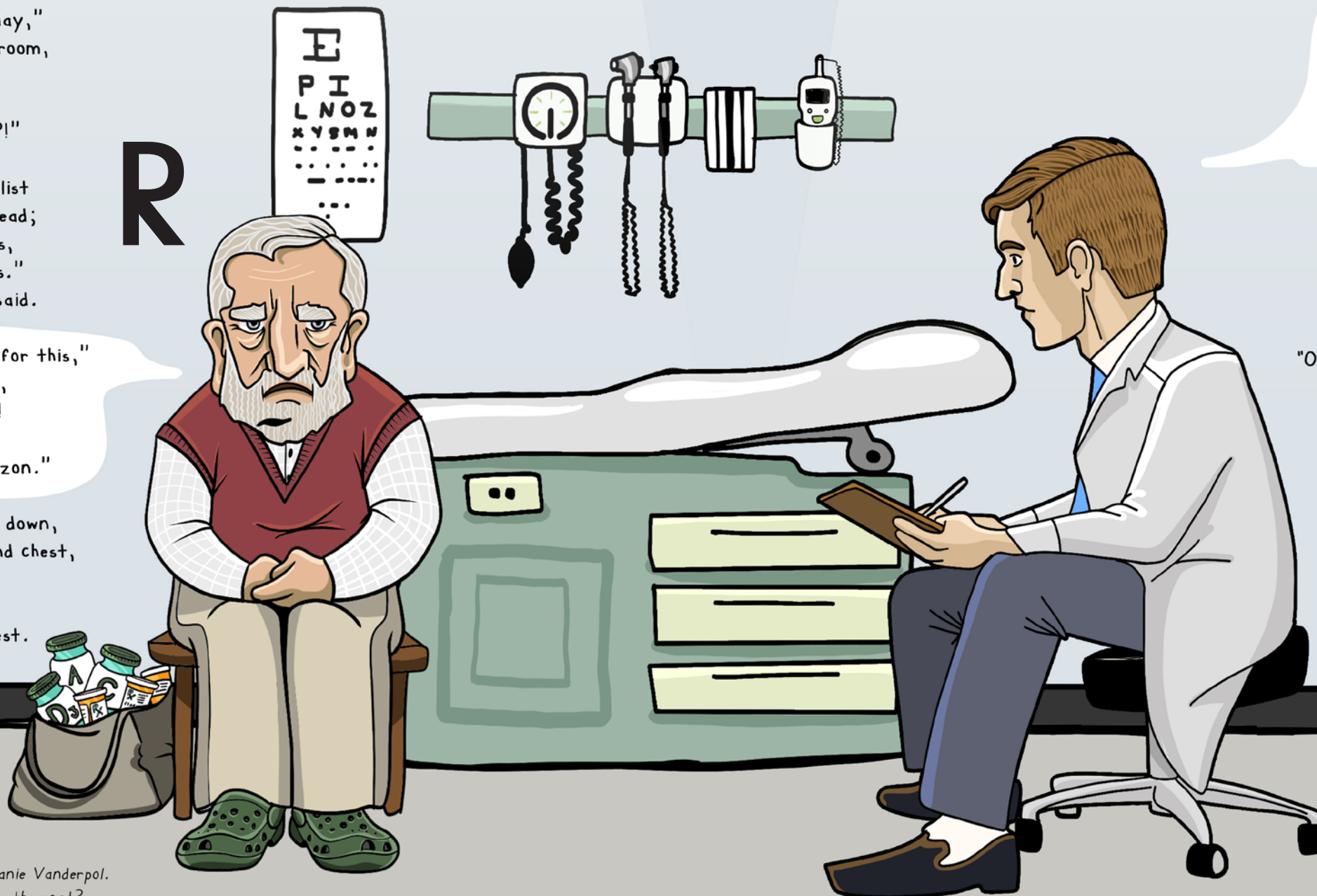
The doctor scribbled upon his pad,
Then looked up at him and asked
"And when, would you say
Is the very last day,
You've had a hearty laugh?"

Mr. Morose sat there befuddled
"I think it's been many weeks
Since a laugh or a giggle
Or even a nose wriggle
Has exercised my cheeks"

"I thought so," the doctor said,
Still scribbling with his pen,
"Here's my diagnosis,
A simple prognosis,
Follow these instructions - all ten."

He handed Mr. Morose the paper,
"I'll see you in three weeks, alright?,
Good day, take care!"
He got off his chair
Went through the door, out of sight

"Oh, and by the way," he stopped as he left,
"About your feet, the weird spots?
They'll go away
On their own in a day -
They're from the holes in your crocs."



Rx
DR. JOVIAL
SMITHERS, BC
555-6781
Date August 25 2025
Patient S. Morose
PRESCRIPTION

Flip the page.



DATE August 24 2025
PATIENT Mr. Marose

PRESCRIPTION

DIAGNOSIS Melancholy, "Under the weather"
PROGNOSIS Treatable; lifestyle changes as noted below.



SIGNATURE

Dr. Jovial



When's the last time you've had a hearty laugh? When's the last time your sides hurt from "busting a gut" (appendix doesn't count here)? Laughter is an underrated gift from God! All of the suggestions laid out from Dr. Jovial over there on the left of the page are scientifically proven to improve your mood but plain old laughter takes the cake!

Here's some jokes to get you started!

Why do cows have hooves instead of feet?
Because they lactose!

Why do chickens always join bands?
Because they have great drumsticks!

Why did the lamb cross the road even though his momma said not to?
Because he was being baaaaaad!

Why did the math book look sad?
Because it had too many problems!

What do you call a dinosaur that never gives up?
Try-try-try-ceratops.

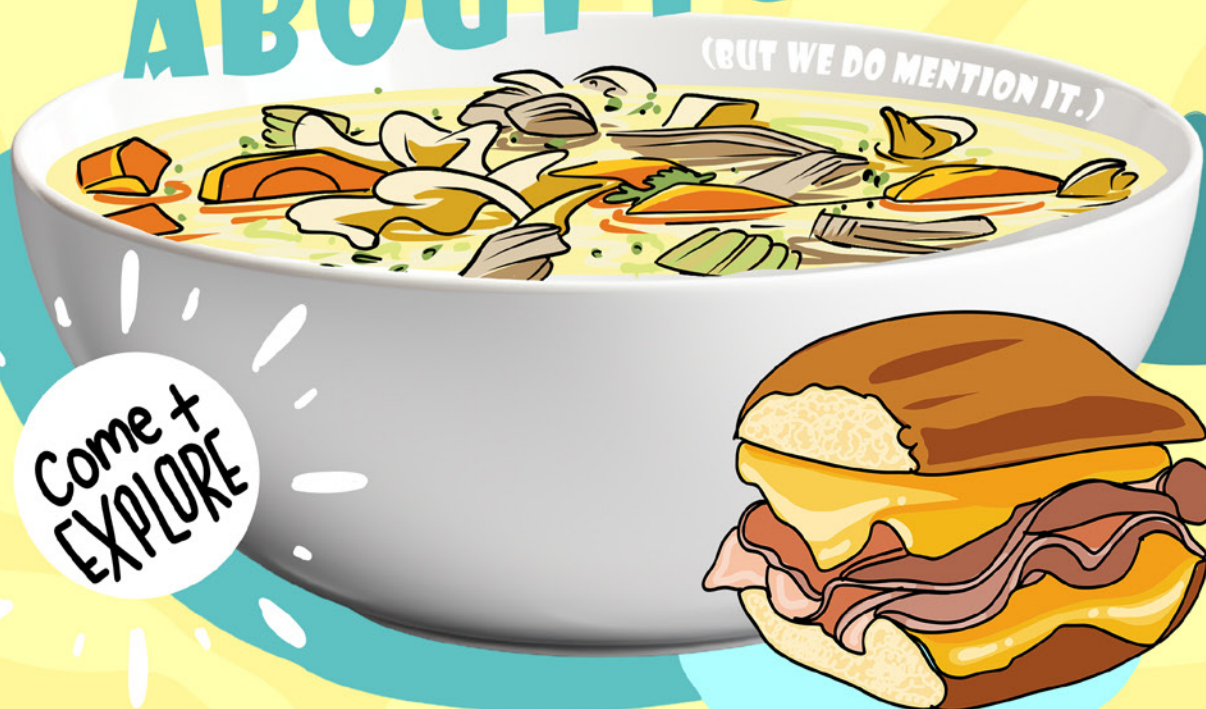
I can't keep up with the abbreviations kids use these days and my daughters are no help.
When I asked what "idk" stood for, they all pretended not to know.

Why did the cookie go to the doctor?
Because it felt crumbly inside!

WHY DID THE DONUT CROSS THE ROAD? - I DONUT KNOW.

Broken pencil? Pointless.

YOU MIGHT BE EATING CANDY FOR DINNER AND WE'RE NOT TALKING ABOUT FOOD.



WHAT WOULD HAPPEN TO OUR
BODY IF WE SWAPPED EVERY
MEAL WE HAD IN A DAY WITH
WHAT WE CRAVE INSTEAD?
WHAT IF INSTEAD OF MEAT
AND POTATOES WE HAD ...

CANDY



Sounds like a dream dinner, doesn't it? Instead of meat,
your mom places down a bowl of Skittles!
Instead of sprouts, you get a handful of Dropjes!
And to finish off the meal (move aside salad), you get the
biggest smorgasbord of all the candies you crave:
Hershey's bars, Oh Henry bars, Rockets, Tootsie Rolls,
Sour Gummy Worms, Hi-Chews, Fruitella, and Nerds.
How tasty would that be!

... BUT WE AREN'T TALKING
ABOUT FOOD.

(even though it's all we've
talked about so far.)



IT'S SUNDAY LUNCH

- you've just eaten a good bowl of soup,
perhaps a bun with some sliced ham and cheese on it. The warmth of the soup
travels down your throat warming you from head to toe on this cold winter's day.
There's nothing better than some hot soup while the snow falls gently outside. The
soup makes its way to your stomach where the acid breaks it down further. Then
within twenty minutes it makes its way into your small intestine - that's where
the magic happens. While it travels through all 22 feet of your small intestine,
your body takes the vitamins, minerals and nutrients from your now mushy food
mix, and delivers it, via your blood stream, to your muscles, bones, organs and
brain. This sleek delivery system helps your body grow, stay strong, fight sickness,
and supplies all your cells with energy. Your body thrives off of the food you eat
... if it's good food.

You've just watched a show on TV, a lighthearted comedy with nothing inherently
bad in it. You've just finished a book, a silly story about a boy-crazy princess.
You've just listened to another hour of music that had a good beat but nothing
really impactful in the lyrics. The words you listened to, the pictures that flashed
before you on the screen, the words you read, all of it traveled down to your
heart, making it glad. Laughter, after all, is good medicine. Your mind casts it
aside - *that was fun* - and moves on. Your soul feels unchanged, *just another day*.
It felt good at the moment. Now it's just time that's passed. And
there's nothing inherently bad with that. It's like having some candy
once in a while. It tastes good, passes through, and then it's gone.



But if it's become our habit to only ingest the candy of entertainment, are we really doing ourselves a favor? Like that dinner of Skittles, dropjes, and gummy worms, do we really think we'd benefit from overdosing on candy entertainment? The things that we digest through our eyes and ears, whether it be books we read, songs we listen to, or movies and shows we watch, all have an effect on our heart, good or bad. It's rare that anything is actually neutral. They will affect our thoughts, words and desires, especially if we aren't being diligent in recognizing the impact of our content. Lighthearted books, shows, and songs aren't bad in moderation, but feed your heart and soul only that "candy" day after day and you'll find yourself in a pickle. Just like the body needs steak, your heart, soul, and brain need substance to thrive – they need to be challenged, motivated, encouraged, and strengthened through what you entertain yourself with too. We were made to grow in wisdom and knowledge, and God gave us the ability to watch, read and listen partly for that purpose.



How often when we have time for God's nourishment – His Word or time in prayer (the meat), we reach for "candy" instead? Or when we're at the library we reach for that funny book we've read more than once, instead of the book about heroes of faith or books that would encourage us to try something new. Instead, why not books that make us chew the information, discuss it with others, and spur us on to good works?

Let's be honest with ourselves.



HOW DO I KNOW IF IT'S CANDY OR NOT?



Good question! Let me introduce you to the "candy-o-meter": a series of questions you can ask when you're considering a choice of entertainment. If you answer "no" to the following, it's candy and best to use in moderation. If "yes," it's a good side dish – "eat" it up as much as you want (once you've done all your chores, of course). And if, and you'd know in your heart (if you're being honest with yourself – hello, conscience), what you read/watch/listen to does not line up with God's Word, it's garbage and you're best to throw it out, repent, and sin no more.



CHALLENGE

- Does it challenge my thinking?
- Does this encourage self-reflection?
- Does this promote problem-solving?
- Does this stretch my imagination?

ACTION

- Does this make me want to do good?
- Does this make me want to help others?
- Does this make me want to try something new?
- Does this make me want to speak up for others?

NOURISH

- Does this feed my soul with good thoughts?
- Does this promote good over evil?
- Does this teach me how to overcome my struggles?
- Does this bring my soul comfort?

DEVOTION

- Does this honor God in its content?
- Does this keep God's commandments?
- Does this honor God's holy name?
- Does this make me feel closer to God?

YAY!

- Does this make me feel good afterwards?
- Does this make me feel uplifted in faith?
- Does this make me feel energized?
- Does this make me thankful?

scan the QR codes below for our "SIDE-DISH" RECOMMENDATIONS

MUSIC BOOKS MOVIES



KEEP YOUR HEART WITH ALL VIGILANCE, FOR FROM IT FLOW THE SPRINGS OF LIFE.

PROVERBS 4:23

Come & Explore is created by Stephanie Vanderpol, who came up with this idea after having far too many Wilhelmina peppermints in one sitting while reading Jon Dykstra's review on *Keeper of the Lost Cities*.



HOW IT'S MADE

THIS MAGAZINE ISN'T JUST MADE OF PAPER AND INK. IT'S A COLLECTION OF THE GIFTS AND TALENTS OF MANY PEOPLE WHO WORK HARD TO GET IT INTO YOUR HANDS! COME AND EXPLORE THE PEOPLE AND THE TYPES OF GIFTS AND TALENTS THAT ARE USED IN THE MAGAZINE AND HOW IT BEGINS AS MERELY IDEAS AND ENDS UP AS WHAT YOU'RE HOLDING RIGHT NOW!

STEP ONE.

A FEW MONTHS BEFORE THE MAGAZINE LANDS IN YOUR HANDS, MARK, MARTY AND JON PUT THEIR HEADS TOGETHER TO DETERMINE WHAT THE ISSUE'S FOCUS WILL BE.



Hey guys, what do you think this issue should be about?

MARK: EXECUTIVE DIRECTOR

An executive director is kind of like a school principal, except I don't have to get any kids in trouble. I work with the RP team to come up with a good plan for what to do each year, and then make sure we actually do it! It is also my job to raise about half a million dollars each year to pay for everything that RP does.

Favourite part of the job:

to work with the editors to plan each magazine, and write stories and articles to celebrate what God is doing in our world today.

2 Years with RP

Favourite hobby: Fishing

An animal that suits the nature of your job:

A bald eagle: Keeping an eye on everything and swooping in to make the catch (and yes, also bald).



I don't know - have you checked the front cover?!

JON: EDITOR

Jon gets to investigate what God's up to in this big world of ours, and help other folks in their own investigations.

25 Years with RP

Favourite Hobby:

Is eating pizza a hobby? I do like basketball, though I sure don't play it like I used to. Reading - I still read like the wind!

An animal that suits the nature of your job:

Well, I would pick penguin, because I like penguins... and my office is really cold in the winter so that would match up well.

Least favourite subject in school: Church History, though I like it now!



I like it. Let's do it.

MARTY: ASSISTANT EDITOR

I get to ask lots of questions and tell lots of stories and provide some backup to Jon and Mark to see the focus come to life!

2 Years with RP

Favourite Book:

Farewell to Shady Glade by Bill Peet

Favourite subject in school: History, seconded closely by English

Least favourite subject in school: Chemistry, though Mr. Koat made it interesting!

Favourite hobby:

Soccer tennis! The rules are sketchy, and my daughter always beats me, but it's great fun!

STEP TWO.

BACK IN 1999, CONTRIBUTIONS WERE SNAIL-MAILED TO THE EDITORS IN ORDER TO BE SUBMITTED. TODAY, IT'S AS SIMPLE AS AN EMAIL. CONTRIBUTIONS COME FROM MANY DIFFERENT WRITERS. HERE ARE SOME REGULAR CONTRIBUTORS:

CHRISTINE

Writer of fiction (historical and present-day) and of fact (historical and present-day). I'm learning lots and hopefully, pass on what I've learned.

30 Years with RP

Favourite Hobby:

Just it be only one? Blueberry picking, gardening, cooking and reading

An animal that suits the nature of your job: I would pick the cat because the cat tends to be purr-sonal

The other day a horse passed by on the road and I said to him: "Why the long face?"



SHARON

I write articles on topics that I feel strongly about. Sometimes a sermon or a Bible verse gets me started. Sometimes I write about sins that I struggle to overcome. I always pray that other people will be challenged and blessed by what I write. Sometimes I go back and read my own articles to get challenged all over again! "Now, what was it that those Bible verses said, again?"

19 Years with RP

Favourite Hobby:

Writing, watching historical movies

An animal that suits the nature of your job: A parrot that spoke encouraging Bible verses

My grandkids were at the Lincoln Memorial in Washington DC. Noticing the huge columns on the front of it, they joined hands and decided to act like "Samsung" and push the columns down. :)



JASON

I get to interview painters, sculptors, and other artists and share their work with RP readers.

Favourite Hobby:

Painting en plein air (fancy [French] way of saying painting outdoors on location)

Favourite children's book: Sidney and Norman, A tale of two pigs by Phil Vischer

Favourite subject in school: Art

Why is it hard to talk to an abstract painter? Because they never go into detail.

uh... I think I'm in the wrong spot! Can you follow the yellow line and figure out where I'm supposed to be? The others may need your help, too!



ALEXANDRA

What could be better than getting paid to talk to people?! I do a mix of things at RP, but my primary role is to write, and produce videos telling stories that will interest a Christian audience. This could be anything from taking to MP's on Parliament Hill or speaking to regular people I come across on the street!

Favourite Hobby:

Listening to podcasts, reading and playing basketball.

Least favourite subject in school: Math

An animal that suits the nature of your job:

A monkey, because I read that sometimes they can use computers, and my job requires a lot of typing!



STEPHANIE

I have the best job of them all! I get to create fun pages for kids aged 1-100 that will encourage them in their faith and teach them some fun things about God's incredible world!

2ish Years with RP

Favourite Hobby:

Anything art related: sketching, acrylic painting, watercolour painting, painting the walls of the house... Definitely not sports.

Favourite children's book:

Moo! by David LaRochelle

Least favourite school subject: Math (and PE if it was basketball)



STEP THREE:

AS THE SUBMISSIONS ARRIVE, OUR EDITORS, JAN AND JON READ THROUGH THE PAPERS LOOKING FOR ERRORS OF VARIOUS SORTS : GRAMMAR, THEOLOGY, SPELLING.....

JAN: COPY EDITOR

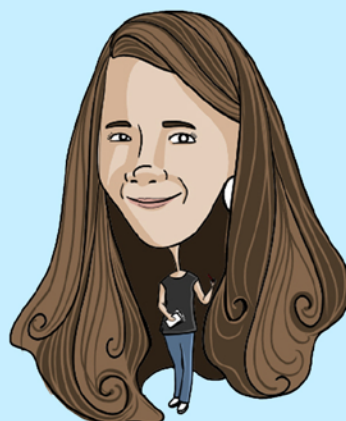
My job involves clutching a red pen while fixing errors and double-checking details. Bad grammar beware!

1.5 Years with RP

Favourite Hobby:
Writing!

Favourite children's book:
Peter Pan

Least favourite school subject:
Geography



I'M HUNGRY LET'S EAT JON

QUICK! CHANNEL YOUR INNER EDITOR AND USE GRAMMAR TO SAVE ME FROM THE HUNGRY BEAR!!!



STEP FOUR:

HOW DO ALL THE SUBMISSIONS BECOME THE PAPERS THAT YOU ARE PHYSICALLY HOLDING? OUR GRAPHIC DESIGN WIZARD, ANNELES, TAKES ALL THE SUBMISSIONS, PICTURES AND ADVERTISEMENTS AND PUTS THEM INTO A WELL ORGANIZED FILE, READY FOR PRINT!

ANNELES: GRAPHIC DESIGNER

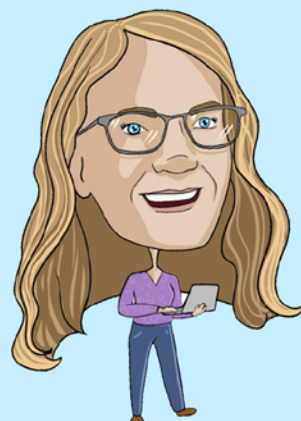
I make the magazine look nice! My job is to take the articles written for RP and lay them out in a computer program called Adobe InDesign. It allows me to put the text in neat columns, add photos, titles, colour and more. It requires lots of creativity and attention to detail! I like to think of graphic design as art in the business world.

9 Years with RP

An animal that suits the nature of your job:
Maybe an owl? Because I have to pay attention to detail and work a lot of late nights on the magazine. Or maybe an octopus with many arms managing being a mom/household stuff/farm stuff/yardwork/ plus graphic design projects?

Favourite children's book:
The Little House on the Prairie Series

Favourite school subject:
Art and Social Studies



STEP FIVE:

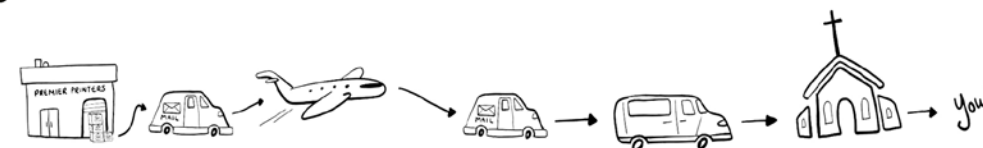
THE ENTIRE MAGAZINE IS PRINTED, ABOUT 11,000 COPIES, FULL COLOUR AT PREMIER PRINTING IN WINNIPEG, MANITOBA!

Test your geography!
Where is Winnipeg?



STEP SIX:

ONCE THE MAGAZINE IS PRINTED, IT IS SENT OFF THROUGH THE MAIL SYSTEM TO YOUR CHURCH REPRESENTATIVE WHO HAPPILY PUTS THEM INTO YOUR MAILBOXES AND TAKES ONE COPY TO LOOK THROUGH AT HOME BEFORE EVERYBODY ELSE GETS A CHANCE.



STEP SEVEN:

FINALLY THE MAGAZINE MAKES IT FROM JUST AN IDEA TO A PHYSICAL COPY RIGHT INTO YOUR HANDS! THE MAGAZINE IS ALSO UPLOADED TO OUR WEBSITE SO THAT THE ENTIRE WORLD IS ABLE TO GLEAN THE RICHES OF THE CONTENT!

Consider the different ways all these people offer their gifts through this magazine! What a blessing that God created such a variety of talents and gifts and how when brought together like this it can be a blessing to the whole community!

Write down some of the types of talents used for the magazine:

What are some of your gifts or talents? (If you don't know, ask your mom - moms tend to know these types of things).

Think of ways you can use yours to benefit your church community! If you can't think of any, go back to our December issue and take a look at the Penguins!





GIFTS

A gift isn't only bought with money
or taken down from the shelf;
It's also something within you already,
that you can give to someone else:

ITEM
search

How many of each of the following items
can you find on the Come + Explore pages?

- | | |
|------------------------------------|----------------------------------|
| ☐ ICEBLOCKS | ☐ BOWTIES |
| ☐ SCARVES | ☐ TOQUES |
| ☐ CLOUDS | ☐ HATS |

A smile to a stranger
who's walking on the street;



A meal for the homeless
who have nothing good to eat.



Some cookies to the mother
who just had baby number five,



A card for the man in church
who just lost his beloved wife.



A playdate for the kid at school
who's always sitting by himself,



A helping hand for the lady
who's struggling to reach the shelf.



S

memory work:

"As each has received a gift, use it to
serve one another, as good stewards of
God's varied grace."
1 Peter 4 : 10



Some hot cocoa for the neighbor
who always looks a little sad,



A listening ear and attentive eyes
when you talk to mom and dad.



A picture for your Oma
to show her that you care,



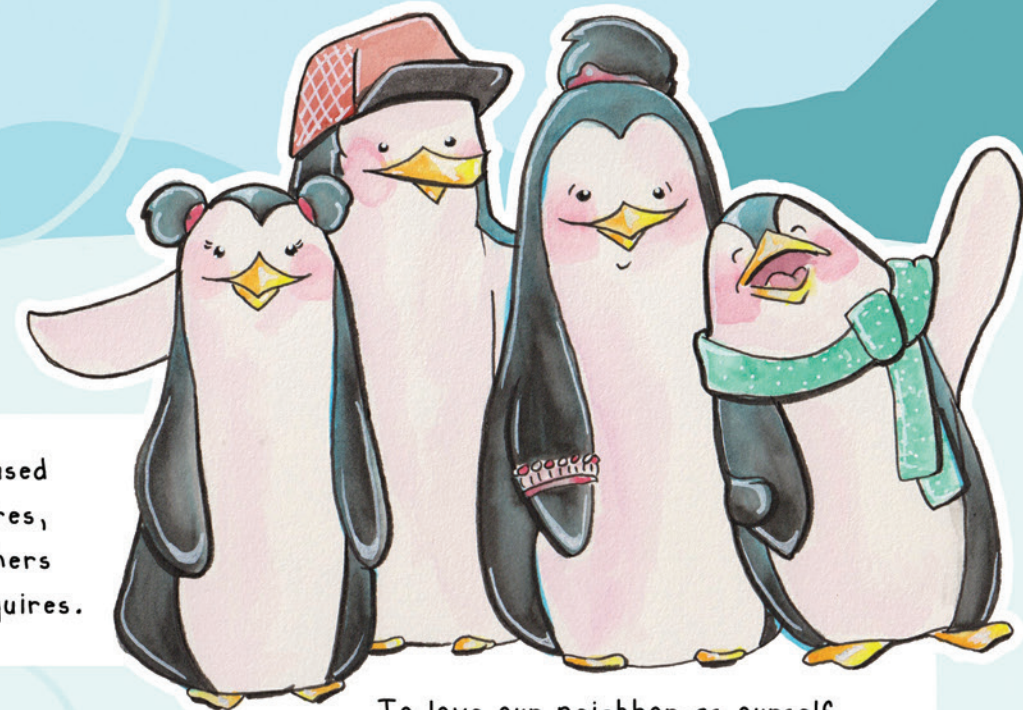
An encouraging word to others
to help them to succeed;

A visit to your grandad
with some silly jokes to share.



A helping hand around the house
whenever you see a need.

Sometimes we get so focused
on ourselves and our desires,
We forget to think of others
and fail to do what God requires.



To love our neighbor as ourself
reflects Christ's love for us.
Remember that God's greatest gift
was given on the cross!

DON'T EAT YELLOW SNOW!
But you can eat this instead....

Blend together 1 anise cube
and 1 cup of sugar.
Sprinkle on top of buttered toast!
YUMMY!

KINDNESS
COUPON

FOR: _____ DATE: _____

THIS COUPON ENTITLES THE BEARER TO RECEIVE:

ALLOW ME TO GIFT YOU THE GIFT OF
SERVICE! THIS COUPON NEVER EXPIRES! FROM: _____

GIFT A PROMISE OF SERVICE! Clip and fill in this coupon and give it to someone in need of an act of service!
Printable copies can be found at www.reformedperspective.ca/kids

COME+EXPLORE

BALD EAGLE

SCIENTIFIC NAME: HALIAEETUS LEUCOCEPHALUS

COMMON NAME: BALD EAGLE

TYPE: BIRD

EAGLES SOAR ON THE RISING PRESSURE OF THE AIR.

WHERE DOES THE NAME COME FROM?
(OBSOLETE NOT BALD)

"BALD" IS TRANSLATED FROM THE OLD ENGLISH "BALDE" MEANING, **WHITE**

THE BALD EAGLE IS EXCLUSIVE TO NORTH AMERICA!

DIVE AFTER PREY AT A SPEED OF UP TO **160 KM** PER HOUR

CAN GROW UP TO **14 POUNDS** (6.4 KG)

FEMALES ARE LARGER THAN MALES.

LIFESPAN OF: **20-30 YEARS**

THEY MATE FOR **LIFE**

FORGET ABOUT GOING FOR COFFEE; TO GET TO "KNOW EACH OTHER," EAGLES LOCK TALONS TOGETHER (AWW...) IN MID-AIR AND "CARTWHEEL" TOWARDS THE GROUND!!

COFFEE DOESN'T SOUND SO BAD. ☺

PLUS THEY CAN SEE THE ULTRA VIOLET SPECTRUM!

FUN EXPERIMENT:

SET A PHONE'S CAMERA TO **WIDE ANGLE**

THIS IS WHAT AN EAGLE'S VISION IS LIKE!

PLUS

THEY CAN SEE THE ULTRA VIOLET SPECTRUM!

THERE ARE **60** DIFFERENT SPECIES OF EAGLES

EAGLES CAN SPOT PREY THE SIZE OF A RABBIT

5 KILOMETERS AWAY.

THAT'S 4-7x FARTHER THAN HUMANS!

MONOCULAR & BINOCULAR VISION
they can move their eyes INDEPENDENTLY OR TOGETHER

BEAK CURVATURE DESIGN

THEIR BEAK NEVER STOPS GROWING... JUST LIKE OUR NOSES!

USING THEIR WINGS, EAGLES CAN SWIM! (it looks rather odd...)

THE ROOF OF THEIR MOUTH HAS SERRATIONS (like a bread knife) TO HELP THEM HOLD ONTO SLIPPERY FISH

WINGSPAN:

5ft 11in — 7ft 7in

DURING AN EAGLE'S PERIOD OF "MOLTING" EAGLES WILL MOLT THE SAME PRIMARY FLIGHT FEATHERS ON EACH WING TO MAINTAIN **balance**

shed old feathers to make way for new feathers!

CANADA'S LARGEST BIRD OF PREY!

A

SCAN TO HEAR AN EAGLE'S CALL

CURVED TALONS.

400 LBS OF CRUSHING POWER PER SQUARE INCH IN EACH FOOT!

'SPICULES' (small spikes on the bottom of feet to help catch prey).

EAGLES CAN FLY UP TO ALTITUDES OF **10,000 FEET**

EAGLES DIVE IN USING THE ANGLE OF THE SUN TO BLIND THEIR PREY.

TOP OF THE FOOD CHAIN

APEX PREDATOR

USA'S NATIONAL BIRD



UNSCRAMBLE THE NAME OF A BABY EAGLE:

AGLEET

35 DAYS TO INCUBATE AT A TEMP OF 105°F

BABY EAGLES ARE CAPABLE OF FLIGHT AROUND 10-12 WEEKS

MOM & DAD TAKE TURNS SITTING ON THE EGGS, TO KEEP THEM COZY AND WARM

1-3 DAYS TO HATCH

THEIR NESTS CAN WEIGH UP TO

1 TON!

EAGLES MAKE THEIR NESTS IN HIGH PLACES: TALL TREES, CLIFFS, MOUNTAIN SIDE CAVES, TELEPHONE POLES - USUALLY NEAR LARGE BODIES OF WATER.

TRUE OR FALSE

ONLY MALE EAGLES HAVE WHITE HEADS; FEMALES ARE SPECKLED.

POP QUIZ:

HOW LONG DOES IT TAKE AN EAGLE'S TRADEMARK "WHITE HEAD" TO SHOW?

- A THEY ARE BORN THAT WAY
- B 382 DAYS
- C 5 YEARS
- D 12 WEEKS

MENU

- FISH
- RABBITS
- SQUIRRELS
- OTHER BIRDS
- CARRION

EAGLES WERE CLASSIFIED AS ENDANGERED IN 1967 WITH A POPULATION OF ONLY EIGHT HUNDRED IN THE USA. IN 2020, THE POPULATION NUMBERED 316,700



Words to ponder:

Drip. Drip. Rain is falling from the sky. You're a young baby bird alone in the nest as the rain keeps on falling. You've never experienced a storm before. The wet and cold are new to you. And you certainly don't like it. You begin to shiver. Your weak new little voice calls out for your mother, but she had left the nest to find you food. "Mama! Mama!" Suddenly a shadow casts over you. You look up and see your mother swooping down towards the nest. As she approaches, she slows, spreading her wings wide. Her body lands beside you and suddenly the rain stops. The cold turns to warmth, the rain stops, and the soft heartbeat of your mother's chest calms your worries. She has covered you with her wings, wrapping you in the comfort of her love. You are warm, dry and safe. The storm still rages but your mother is bearing the brunt of it all. And now you know that whatever storm may come, be it thunder, rain, sun, wind - you will always have her protection, and so, you sleep soundly.

Certainly you are not a baby bird high up in a nest. But there is no doubt that you have experienced storms of your own. Maybe you're experiencing one right now! Sure, there might not be a thunderstorm raging outside, and you might not even be getting wet from rain. Maybe the storms you are likely to face aren't natural storms at all! Maybe they're physical - an illness or chronic ailment. Maybe it's a storm relating to self-doubt or feeling unloved or misunderstood. Maybe the storm you're experiencing is a storm of faith - doubts that attack you, or maybe a sin that attacks you daily. Whatever it might be, whatever you are currently facing, we have THIS to be confident in. And that is that God has promised to be our protector, our refuge during the storm, our fortress. So while the storm may be raging, whatever it might be, remember to be like the baby bird and look to your heavenly father and call on him for comfort. Remember that he will cover you with the comfort of his presence, give you confidence with the sound of his words.

Come and explore is created by Stephanie Vanderpool @stephanievanderpool on Instagram

COLORING CONTEST



Use the QR code to download the coloring pages! Exercise your creative talents to color the images as best you can!

Email your photo to contests@reformedperspective.ca to be entered to win!

Contest open to all kids aged 8-18. Deadline to enter July 15, 2025.

AGES 13-18 PRIZE

ONE WINNER PER AGE CATEGORY

AGES 8-12 PRIZE BUNDLE



come and
EXPLORE!

PRAYER

Out of all of God's creatures, humans are the only ones given the ability to pray to God. Elephants, monkeys, beavers, and even bees all communicate with each other and praise God with the things they do, but it is only humans, the pinnacle of God's creation, that are able to have an intimate relationship with their Creator. Nothing else in all of creation is able to bring before God their very hearts - their hopes, dreams, worries, fears, anxieties, needs, wants.

ONE OF THESE BEES IS UNLIKE THE OTHERS. CAN YOU FIGURE OUT WHICH ONE IT IS?



MATCH THE BEES TO FIND THE
ANSWER TO FREQUENTLY ASKED
QUESTIONS ABOUT PRAYER!

ISN'T GOD SO CREATIVE?

Bees use a type of dance called the waggle dance in order to communicate. Through this series of figure eights and body waggles, a bee communicates the distance, direction and how scrumptious the flower patch she discovered is!

Ever tried to communicate something through dance?
It's pretty silly - and fun! Why not try give your parent a dance message the next time you want a snack!

AM I ALLOWED TO
ASK GOD FOR A
NEW BIKE?

When we draw before God, we must be confident that God will always answer our prayer according to His will. Sometimes God will say "no" because in His infinite knowledge He recognises that whatever you are asking for will not benefit you as He has orchestrated.

IF GOD KNOWS ME
INSIDE AND OUT, HOW
COME I HAVE TO PRAY?

As long as we are praying from our hearts, the length of our prayer does not matter. Even a short "Please help me, Lord" when you are in need is sufficient. Sometimes you will have lots to bring before the Lord. Sometimes a little. In any case, He will be happy to hear from you!

WHAT IF I JUST
DON'T KNOW WHAT
TO SAY?

God promises to forgive us our sins when we confess them to Him. When we confess them, we are telling God we have done wrong and are sorry. At the same time, we are promising God that we will try not to do that sin again.

DO MY PRAYERS
HAVE TO BE AS LONG
AS A MINISTER'S?

If you are confident that you desire a new bike in order to use it for His glory, of course you can ask! But remember that God isn't a magic genie and we should not use prayer just to get what we want.

WHY DOES GOD SAY
"NO" SOMETIMES?

God is worthy of our full and undivided attention which is difficult to do if your eyes are open and can fall upon something distracting. Keeping your eyes closed and hands folded is a good way to keep your focus on the Lord.

WHY DO WE HAVE
TO TELL GOD THE BAD
THINGS WE DID?

God has given you a most beautiful gift, His Holy Spirit to intercede for you when you don't know what to say. Sometimes we stumble in our prayers, but the Holy Spirit will bring them before God all fixed up.

DO WE HAVE TO
CLOSE OUR EYES AND
FOLD OUR HANDS?





LEARN TO PRAY

by using a prayer journal

Pause

REFLECTING OVER OUR DAY IS A GOOD WAY TO SORT OUT THE THINGS THAT WE WILL WANT TO BRING BEFORE GOD. CLOSE YOUR EYES FOR A MOMENT AND THINK OVER YOUR DAY. WRITE DOWN YOUR THOUGHTS.

Psalm 51:17 "The sacrifices of God are a broken spirit; a broken and contrite heart, O God, you will not despise."

Respect

BEFORE YOU BEGIN TO PRAY, TAKE A MOMENT TO SHOW RESPECT FOR THE LORD. CLOSE YOUR EYES, FOLD YOUR HANDS AND SIT RESPECTFULLY. REMEMBER THAT IT IS THE LORD YOU ARE APPROACHING IN PRAYER.

Revelation 1:8 "I am the Alpha and the Omega", says the Lord God, "who is and who was and who is to come, the Almighty."

Adore

BEGIN YOUR PRAYER BY GIVING GOD PRAISE FOR WHO HE IS AND WHAT HE HAS DONE IN YOUR LIFE, IN REDEMPTIVE HISTORY AND IN CREATION.

Hebrews 13:15 "Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his Name."

Yield

TELL GOD OF YOUR SINS, WHETHER DELIBERATE OR NOT. LET GOD KNOW THAT YOU ARE SORRY AND NEED HIS HELP TO COMMIT TO DOING WHAT IS RIGHT.

1 John 1:10 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Axpress

THANK GOD FOR HIS GOODNESS! WHAT HAS HE PROVIDED FOR YOU. HOW HAS HE HELPED YOU? THANK HIM FOR HIS SON, JESUS!

1 Thessalonians 5: 16- 18 "Rejoice always, pray without ceasing, give thanks in all circumstances ; for this is the will of God in Christ Jesus for you."

Request

ASK GOD TO PROVIDE FOR YOUR NEEDS. PRAY FOR THE NEEDS OF OTHERS - FAMILY, NEIGHBOURS, THOSE IN AUTHORITY, ANYONE WHO COMES TO MIND.

Philippians 4:6 "Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God."

HOW TO USE THIS PRAYER JOURNAL:

FILL OUT EACH SECTION HONESTLY. ONCE FILLED OUT, PRAY USING THE LAYOUT TO STRUCTURE YOUR PRAYER.

DRAW AN EMOTICON IN THE CIRCLE TO EXPRESS HOW YOU FELT TODAY.



PRAYER JOURNAL

"REJOICE IN HOPE,
BE PATIENT IN AFFLICTION,
BE CONSTANT IN PRAYER."

ROMANS 12:12

TODAY'S DATE:

WHAT HAPPENED TODAY THAT YOU WANT TO REMEMBER?

WHO WAS KIND TO YOU TODAY AND WHAT DID THEY DO?

Pause

I WILL SHOW RESPECT BEFORE GOD BY...

I LOVE GOD BECAUSE HE...

THINGS I DID THAT WERE WRONG TODAY...

THREE THINGS I CAN THANK GOD FOR TODAY...

WAYS I OR OTHERS NEED GOD'S HELP ARE...

DID GOD ANSWER THIS PRAYER REQUEST? PUT A CHECK MARK IN THE CIRCLE AND PRAISE GOD!

in Jesus' name,

AMEN

SAYING "AMEN" IS A CONFESSION OF YOUR CONFIDENCE THAT NOT ONLY DOES GOD HEAR YOUR PRAYERS BUT HE WILL ANSWER THEM.

CHECK OUT
REFORMEDPERSPECTIVE.CA/KIDS
TO DOWNLOAD
A PRINTABLE PRAYER JOURNAL
BOOKLET!

AFTER PRAYER, DRAW OVER THE CROSS, IN CONFIDENCE THAT YOUR SINS HAVE BEEN FORGIVEN!

DON'T FORGET TO PRAISE GOD!



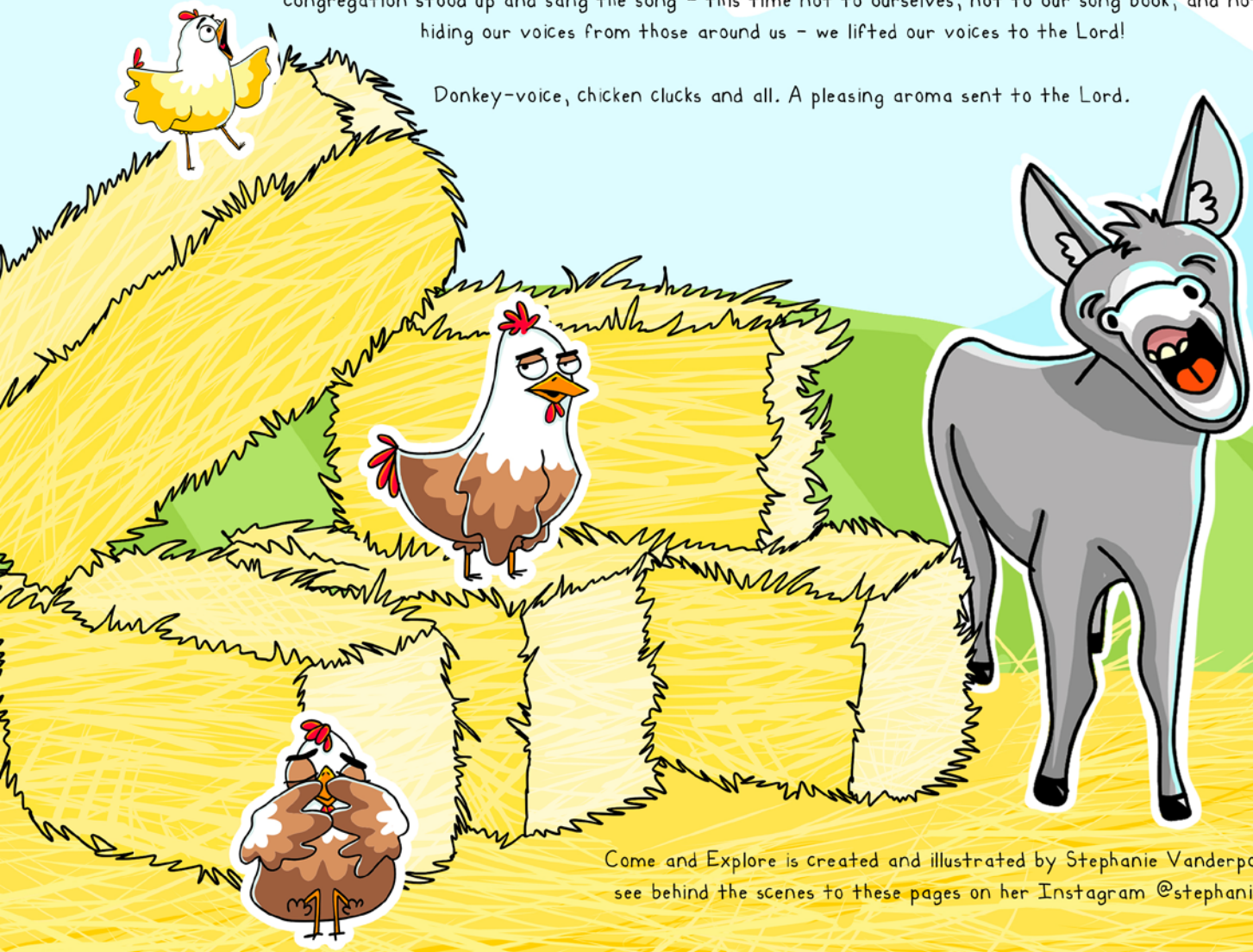
Come + make a JOYFUL NOISE!

I SING LIKE A DONKEY.... AND A CHICKEN (this is a true story)

Someone once told me when I was in grade 8 that when I sing I sound like a donkey and bob my head like a chicken. It certainly wasn't a nice thing to say, especially considering that I loved singing very, very much. It became really hard to sing in church, for fear that the people in front of me would be offended by the hee-haw of my voice and the people behind me would be distracted by the clucking motions of my head. So I lowered my voice, as well as my head, and murmured through the notes which I used to sing with joy.

And then one day, a few years later, our Pastor called on us to sing a song of praise. So our congregation stood up and sang, admittedly very poorly, and then sat down. Then our Pastor called on us to sing again. The same song. "Don't you know who it is you are singing to? It is the LORD the Creator of heaven and earth! Now, we're going to sing it again, and I want you to sing it like you're singing to the Lord!" And so, with renewed vigor in our voices and a pretty good Reformed kick in the pants, our tiny congregation stood up and sang the song - this time not to ourselves, not to our song book, and not hiding our voices from those around us - we lifted our voices to the Lord!

Donkey-voice, chicken clucks and all. A pleasing aroma sent to the Lord.



Come and Explore is created and illustrated by Stephanie Vanderpol. You can see behind the scenes to these pages on her Instagram @stephanielorinda :

Our singing can **SHARE** GOD'S TRUTH and encourage others. Read Acts 16 - how is it that Paul and Silas could sing while being imprisoned for their faith!

Our singing shows God our **GRATITUDE**! Read Exodus 15. The first thing the people of Israel do after being saved through the parting of the Red Sea is lift their voices in thanksgiving.

WHY DO WE

Our singing can **ENCOURAGE** ourselves. When we go through difficulties, Psalms and Hymns can carry our confessions to the Lord when we find it hard to say the words. Read Psalm 42. Better yet, **SING** Psalm 42. Imagine yourself going through difficult times and feeling lifted up by these words and being reminded about God's truth, love and power.

HAVE TO SING?

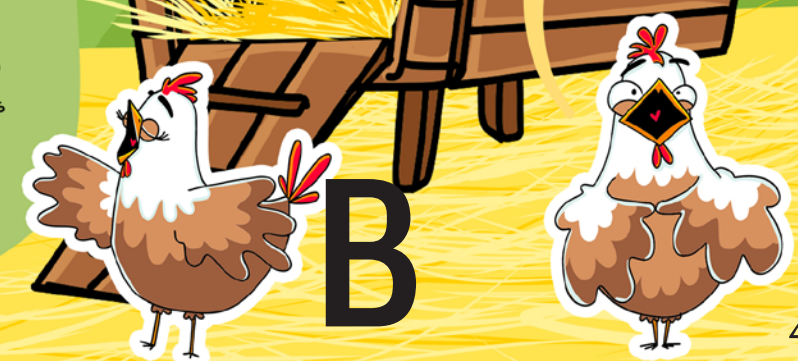
Our singing **GLORIFIES** God, and that is what we were created to do! It connects us in a very unique and intimate way!

Singing in our church service is part of our **CONVERSATION** with God. This is an essential part of the Reformed liturgy as it is modeled after God's own design of worship! Next church service, pay close attention to the words of the Psalm after the reading of the 10 Commandments.

DOES GOD CARE THAT I'M A "BAD SINGER"?

God has given everyone different gifts. Some of us may be more inclined to develop the gift of singing more easily. Some of us may struggle to hold a tune or follow notes. But that should never keep you from singing - God commands us to make a **JOYFUL** noise and it doesn't matter, if you are off key or struggling with a tune, because it's not just the words that matter, but deeper than that - it's a matter of your heart, your intent - who are you singing to? A person singing the psalms off key will be making a more precious noise to God than a beautiful singer singing songs that blaspheme his name. A person who can hardly choke back tears and who burbles through Psalm 51 makes a more precious sound than someone who beautifully sings the same psalm with no conviction in his or her heart.

And even, our God **SINGS** and we were made in His image! Zeph 3:17

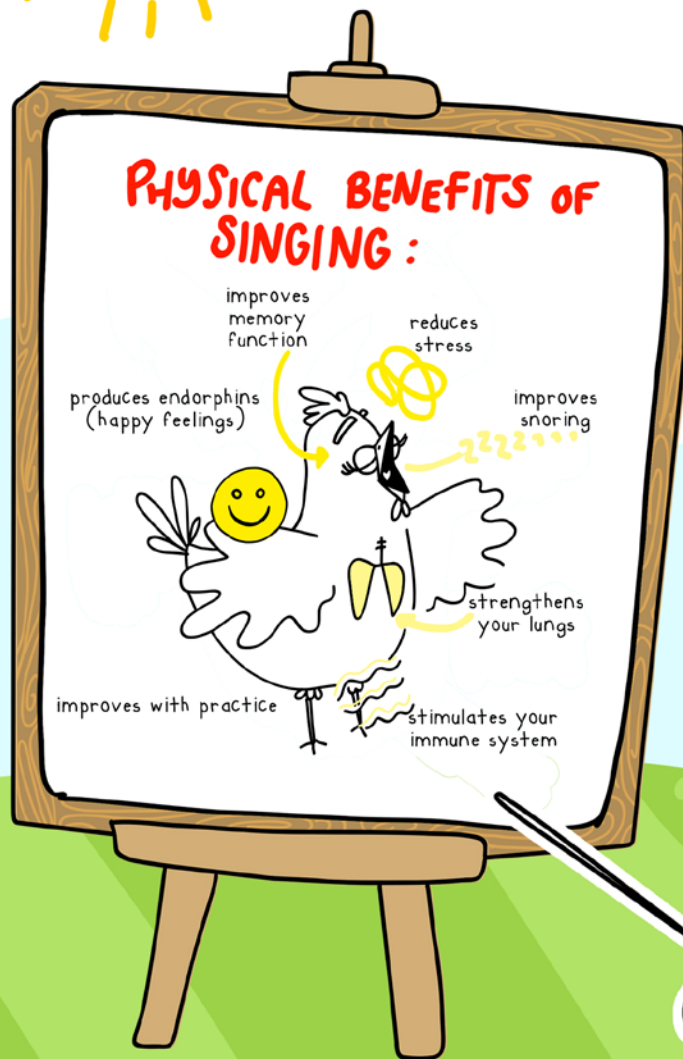




TRUE OR FALSE?

1. The Canadian Reformed Churches' Book of Praise was a translated version of the Netherlands Reformed Song Book that our ancestors took when they immigrated.
2. The first official, completed version of the Book of Praise was published in 1972.
3. The first Book of Praise did not include any hymns.
4. The tunes of the Book of Praise are the same as the Genevan tunes from 1562.
5. The first edition of the Book of Praise was still in the Dutch language.
6. Singing in the worship service is part of the liturgy as the congregation's response to God's word.

Check your answers by learning the history of the Book of Praise at bookofpraise.ca/history



Can you remember the missing words and find them in this here mess?

C	A	H	M	S	E	J	Z	K	O
V	D	A	E	H	X	Q	D	F	Q
K	O	L	R	U	U	D	H	S	A
V	R	L	C	N	L	M	E	H	N
E	A	E	I	S	T	P	A	E	G
X	T	L	F	H	A	S	V	P	U
T	I	U	U	E	T	A	E	H	I
O	O	J	L	A	I	L	N	E	S
L	N	A	W	R	O	M	S	R	H
G	P	H	L	T	N	Y	D	D	D



How blest is he who _____ the paths of sin. (PS 1)
 Oh Lord, our Lord, yours be all _____. (PS 9)
 The fool says in his _____ "there is no God." (PS 14)
 The spacious _____ declare (PS 19)
 The Lord's my _____ (PS 23)
 The Lord I will _____ (PS 34)
 As a deer will thirst in _____ (PS 41)
 May God be _____ and bless us (PS 67)
 Oh God, give to the king your _____ (PS 72)
 Sing a _____ of joy (PS 81)
 Sing to the Lord with _____ (PS 96)
 _____! Praise the Lord! (PS 150)

Who knew!? ... God did!

F.A.Q

WHY DO WE SING SO MANY PSALMS?

In an age of so many new contemporary and modern hymns, the beauty of the Psalms often get cast aside or overlooked. But the Psalms are a beautiful treasure in the hands of God's people for they were made from the infallible Scripture of God. The Psalms, though they are thousands of years old, stand the test of time as they represent the full scope of the human heart in a raw and honest way. They are God's words being repeated through imperfect humans, beautiful confessions of the depravity of our souls and our need of a Saviour. That's sometimes a hard thing to find in the modern hymns - not impossible, though.

A WORD FROM

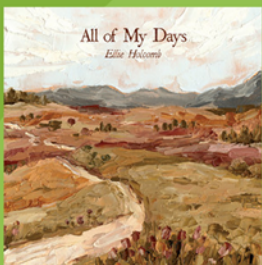


John Calvin:

"As for public prayers, there are two kinds: the one consists simply of speech, the other of song.... And indeed, we know from experience that singing has great strength and power to move and to set on fire the hearts of men in order that they may call upon God and praise him with a more vehement and more ardent zeal. It is to be remembered always that this singing should not be light or frivolous, but that it ought to have weight and majesty, ... Now, what Augustine says is true, namely that no one can sing anything worthy of God which he has not received from him. Therefore, even after we have carefully searched everywhere, we shall not find better or more appropriate songs to this end than the Psalms of David, inspired by the Holy Spirit. And for this reason, when we sing them, we are assured that God puts the words in our mouth, as if he himself were singing through us to exalt his glory."

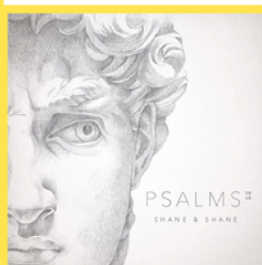
- John Calvin, 1543

Scan this QR code for FANTASTIC PSALMS ALBUMS ON SPOTIFY



Do you find some of the tunes tricky?

Check out memory work with JANE OOSTERHOFF on YouTube



CONTRARY TO POPULAR BELIEF, SHEEP ARE NOT SO DUMB (IF YOU PUT ASIDE THEIR CLUMSINESS AND KNACK FOR GETTING INTO TROUBLE). SHEEP CAN REMEMBER UP TO 50 HUMAN FACES FOR SEVERAL YEARS!

A SHEPHERD WILL USE HIS STAFF FOR MANY DIFFERENT USES BUT ONE SPECIAL USE IS TO HELP BRING A NEWBORN LAMB TO THEIR MAMA WITHOUT HAVING THE SHEPHERD'S SCENT ON THE NEW LAMB WHICH COULD CAUSE THE MAMA TO REJECT IT.



SHEEP MILK IS VERY RICH, TASTY AND HIGHER IN VITAMINS A, B, E, CALCIUM, PHOSPHOROUS, POTASSIUM AND MAGNESIUM THAN COW'S MILK!

THE AVERAGE LIFESPAN OF A SHEEP IS 10 YEARS. THE LONGEST AGE RECORDED IS 25 YEARS AND 11 MONTHS. THE SHEEP'S NAME WAS METHUSELINA. IT FELL OFF A CLIFF.

SHEEP HAVE AN INTRICATE SOCIAL HEIRARCHY. PHEW! FANCY WORDS RIGHT THERE! IT MEANS THAT EVERY FLOCK HAS A DOMINANT LEADER (FEMALE AND MALE) AND THE REST OF THE FLOCK ESTABLISH A PARTICULAR ORDER FOR WHO GETS TO MAKE DECISIONS LIKE WHO GETS TO EAT FIRST.

SHEEP HAVE RECTANGULAR PUPILS AND CAN SEE BEHIND THEMSELVES WITHOUT MOVING THEIR HEADS BUT ALSO HAVE TERRIBLE DEPTH PERCEPTION AND CAN HAVE TROUBLE SEEING WHAT'S RIGHT IN FRONT OF THEM.

SHEEP WERE ONE OF THE FIRST TYPES OF ANIMALS TO BE DOMESTICATED. DOMESTICATED MEANS THEY TAKE THE ANIMALS OUT OF THE WILD AND PROVIDE AND CARE FOR THEM AND THEIR FUTURE GENERATIONS.



SHEEP ARE CAPABLE OF EXPERIENCING A WIDE RANGE OF EMOTIONS, JUST LIKE WE DO! SHEEP HAVE THE ABILITY TO FEEL AFRAID, ANGRY, BORED, SAD, AND HAPPY - EVEN PESSIMISTIC OR OPTIMISTIC!

come and
EXPLORE!

SHEEP



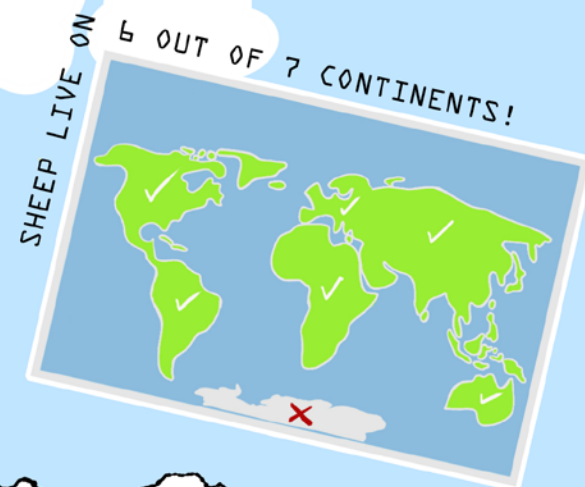
LET'S
DRAW!



MILKWEED = POISONOUS
REMOVE FROM FIELD
{SCRIBBLE IT OUT!}

if i'm so lonely :-(would you please draw some sheep
to keep me company on these pages?
THANKS.

~300°
OF VISION!



WOOL NEVER
STOPS GROWING!
!
30 LB
SOME SPECIES OF
SHEEP CAN PRODUCE
UP TO 30 POUNDS
OF WOOL PER YEAR.

FLIES MAKE IT THEIR BIZZNESS TO IRRITATE SHEEP.

SCIENTIFIC NAME : Ovis Aries

The Lord is my Shepherd

SHEEP ARE NOTORIOUS FOR GETTING THEMSELVES INTO TROUBLE. THERE'S A REASON SHEEP NEED A CAREFUL AND DILIGENT SHEPHERD TO WATCH AND CARE FOR THEM. LEFT ON THEIR OWN, SHEEP WOULD BE VULNERABLE TO ANY NUMBER OF THINGS THAT COULD HURT THEM INCLUDING PREDATORS, FLOODS, POISONOUS PLANTS, AND AGGRAVATING FLIES. NOT ONLY ARE THERE THINGS OUTSIDE OF THEMSELVES THAT CAN HURT THEM, BUT SOMETIMES SHEEP ARE JUST SO CURIOUS THAT THEY GET THEMSELVES STUCK IN BRAMBLES AND THORNS, OR EVEN WATER, AND NEED TO BE RESCUED.

IT'S REALLY NO SURPRISE THAT GOD COMPARES SHEEP TO US, HIS PEOPLE. WE STRUGGLE WITH GETTING OURSELVES INTO TROUBLE TOO, DON'T WE? WITHOUT GOD'S CARE, HIS GUIDING HAND, HIS WORD TO LEAD AND GUIDE US, ONE CAN ONLY IMAGINE THE TROUBLE WE'D GET INTO (SOMETIMES WE DON'T EVEN HAVE TO IMAGINE; SOMETIMES WE'RE THERE ALREADY).

BUT IN GOD'S TENDER CARE AND LOVE, HE HASN'T LEFT US ALONE. HE IS OUR SHEPHERD, CONSTANTLY WATCHING OVER AND CARING FOR US – NOT BECAUSE WE'VE DONE ANYTHING TO DESERVE IT, BUT BECAUSE HE LOVES US AND WANTS WHAT'S BEST FOR US. HE'S EVEN GIVEN US HIS HOLY SPIRIT TO DWELL IN OUR HEARTS TO GUIDE US AND STEER US AWAY FROM OUR CURIOSITIES THAT CAN TURN INTO TROUBLE. AND HE IS ALWAYS READY TO COME IN AND RESCUE US WHEN WE CALL OUT TO HIM FOR HELP! HOW BLESSED ARE WE, HIS ALBEIT FRUSTRATING, LITTLE SHEEP, THAT HE HAS LOVED US DESPITE OUR TROUBLES AND SINS!!

HAVE YOU THANKED YOUR SHEPHERD FOR HIS LOVE, CARE AND ATTENTION?



COME AND EXPLORE IS CREATED BY STEPHANIE VANDERPOL. THESE PAGES WERE INSPIRED BY THE BOOK "A SHEPHERD LOOKS AT PSALM 23" BY W. PHILIP KELLER AS WELL AS HER REGULAR DAY TO DAY LIFE SHEPHERDING HER CHILDREN IN SMITHERS, BC.

GET THE CRAYONS OUT AND TEST YOUR EYESIGHT WITH THIS COLOUR + FIND PAGE!

DOWNLOAD AT
REFORMEDPERSPECTIVE.CA/KIDS



TEXTS THAT COMPARE US TO SHEEP: TRY TO FILL IN THE BLANKS FROM MEMORY AND THEN USE THE BIBLE TO SEE IF YOU'RE RIGHT (AND POSSIBLY MAKE CORRECTIONS)...

ISAIAH 53:6 (ESV)

"ALL WE LIKE SHEEP HAVE GONE _____;
WE HAVE TURNED—EVERY ONE—TO HIS OWN WAY;
AND THE LORD HAS LAID ON HIM
THE _____ OF US ALL."

ISAIAH 40:11 (ESV)

"HE WILL TEND HIS _____ LIKE A SHEPHERD;
HE WILL GATHER THE LAMBS IN HIS ARMS;
HE WILL _____ THEM IN HIS BOSOM,
AND GENTLY LEAD THOSE THAT ARE WITH YOUNG."

MARK 6:34 (ESV)

"WHEN HE WENT ASHORE HE SAW A GREAT CROWD, AND HE HAD _____
ON THEM, BECAUSE THEY WERE LIKE SHEEP WITHOUT A _____. AND HE
BEGAN TO _____ THEM MANY THINGS."

PSALM 100:3 (ESV)

"KNOW THAT THE _____, HE IS GOD!
IT IS HE WHO MADE US, AND WE ARE HIS;
WE ARE HIS _____, AND THE SHEEP OF HIS _____."

PSALM 78:52-53 (ESV)

" THEN HE LED OUT HIS PEOPLE LIKE _____
AND GUIDED THEM IN THE _____ LIKE A FLOCK.
HE LED THEM IN SAFETY, SO THAT THEY WERE NOT AFRAID,
BUT THE SEA OVERWHELMED THEIR _____."



- HINTS AHEAD -

Please respect the effort made in creating this game and ONLY use this hint section if you have already tried asking a sibling or parent for help.

Keep it intriguing: Have someone else read the hint to you so you don't accidentally see the hint for the next clue.

The hint for each clue is on a separate page.

Have fun!

- Clue 1 -

Armour of God Issue: Check out the WORD SEARCH.

- Clue 2 -

Prayer Issue : Find the highlighted letters in on the Prayer PDF page. Assemble the words by writing down the highlighted letters in order as indicated on the sticky note. The answer relates to another issue - HIS NAME sounds like the words you have put together.

- Clue 3 -

Mr. Morose Goes to the Doctor : There are jokes on the 4th page of this issue, but there is one more tucked away on one of the other 3 pages. Find this other joke.

- Clue 4 -

If you are looking at this hint, re-check your math. The answer will be a page number. The page number will bring you to the issue relating to the next clue.

- Clue 5 -

How It's Made : Both Jon and Mark have write ups relating to which animal suits the nature of their job. There is a similarity between Ganderpol's feather and their animals.

- Clue 6 -

Eagle : Monocular and Binocular relate to the eagle's vision. There is another animal in a *DIFFERENT ISSUE* that has rectangular pupils with a vision scope of 300 degrees. Find this animal.

- Clue 7 -

Sheep : Using the MISSING WORDS of the fill in the blank section. You will need to figure out the words that are missing first, then use the word - letter table.

EG. Word 6, Letter 8

The word is Shepherd = D is the 8th letter

- Clue 8 -

Folly in Duran's Cove : The missing words can be found in the last paragraph of the story. The highlighted word in the clue is what you need to find to take you to the next issue.

- Clue 9 -

You might be eating candy for dinner.... : Check out the picture beside the clue in the magazine. What is Ganderpol eating? Search the rest of the magazine to find that thing but NOT gummy.

- Clue 10 -

Ants : You need to think outside the box for this one. Use your finger to connect the items listed in order as they appear. The answer will be a page number.

- Clue 11 -

Camel : fill out the crossword first. Then use the clue to determine the letters that will assemble the answer and tell you where to go next.

- Clue 12 -

Bored : You will need to use your phone's camera.